

# **E** Valeriana hardwickii

## Common Name(s)

Wall.; Syrian Nard

### Ethnobotanical Country/Region Reference Use

|            |              |  |
|------------|--------------|--|
| Ache(Back) | China        | Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.                     |
| Bruise     | China        | Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.                     |
| Chorea     | Nepal        |  |
| Chorea     | Nepal        | Singh, M.P., et al. 1979. Medicinal plants of Nepal - Retrospects and prospects. Economic Botany 33(2): 185-198. |
| Cold       | China        | Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.                     |
| Epilepsy   | Nepal        | Singh, M.P., et al. 1979. Medicinal plants of Nepal - Retrospects and prospects. Economic Botany 33(2): 185-198. |
| Epilepsy   | Nepal        |  |
| Hysteria   | Nepal        | Singh, M.P., et al. 1979. Medicinal plants of Nepal - Retrospects and prospects. Economic Botany 33(2): 185-198. |
| Hysteria   | Nepal        |  |
| Menoxenia  | China        | Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.                     |
| Numbness   | China        | Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.                     |
| Rheumatism | China        | Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.                     |
| Sclerosis  | Europe       | Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.                                     |
| Sedative   | Lompong alas |  |

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Use**

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|------|-------|--|
| Sore | China | Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y. |
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| Spasm | Asia | Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer. |
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| Stimulant | Asia | Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer. |
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| Tranquilizer | Kutet gamong |  |
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