

# **E** Cola nitida

## Common Name(s)

Kola

<b>Ethnobotanical Use</b>	<b>Country/Region</b>	<b>Reference</b>
Ache(Tooth)	Elsewhere	
Astringent	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Astringent	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Digestion	Nigeria	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Dysentery	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Exhaustion	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Hunger	Nigeria	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Malaria	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Nausea	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Nervine	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Nervine	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Poison	Africa	Lewis and Elvin-Lewis, Medical Botany, ca 1977
Restorative	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Sedative	Elsewhere	

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<b>Ethnobotanical Use</b>	<b>Country/Region</b>	<b>Reference</b>
Stimulant	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Stimulant	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Stomachic	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Tonic	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Tonic	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Tonic	Elsewhere	