

# **E** Polygala senega

## Common Name(s)

Poligala; Snakeroot, Common; Hiroha-Senega

### Ethnobotanical Country/Region Reference Use

|             |                |  |
|-------------|----------------|--|
| Alterative  | Turkey         | Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.   |
| Asthma      | Elsewhere      |  |
| Bite(Snake) | US(Amerindian) | Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.  |
| Bite(Snake) | US(Appalachia) |  |
| Bronchitis  | Elsewhere      |  |
| Cancer      | US(VA)         | Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.   |
| Diuretic    | Turkey         | Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.   |
| Emetic      | Turkey         | Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.   |
| Expectorant | Japan*         | ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan. |
| Expectorant | Elsewhere      |  |
| Expectorant | Turkey         | Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.   |
| Gout        | US             | Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.  |

---

**Ethnobotanical Country/Region Reference  
Use**

|            |                |   |
|------------|----------------|---|
| Hivess     | US             | Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co. |
| Medicine   | US(Appalachia) |   |
| Pleurisy   | US             | Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co. |
| Poison     | Elsewhere      |   |
| Rheumatism | US             | Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co. |
| Sudorific  | Turkey         | Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.  |
| Tonic      | Elsewhere      |   |