

E **Actaea spicata**

Common Name(s)

Sheng Ma; Kristofotu; Hierba De San Cristobal; Barba Di Capra; Actee En Epi; Baneberry; Bane Berry; Wolfskraut

Ethnobotanical Use	Country/Region	Reference
Angina Pectoris		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Antidote	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Asthma	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Cardiotonic	Spain	Font Query, P. 1979. Plantas Medicinales el Dioscorides Renovado. Editorial Labor, S.A. Barcelona. 5th Ed.
Dropsy		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Hysteria		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Nerves	Elsewhere	
Nerves	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Nervine	Italian	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Pertussis		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Phthisis		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Poison	French	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Poison	Europe	Lewis and Elvin-Lewis, Medical Botany, ca 1977
Preventitive(Death)	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.

Ethnobotanical Use	Country/Region	Reference
Preventitive(Malaria)	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Preventitive(Miasm)	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Preventitive(Poison)	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Rheumatism		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Sedative	Spanish	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Sedative	India	
Senility	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Spasm	English	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Tumor	China	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Tumor	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Tumor(Thigh)	West Germany(Badan)	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Vitus		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.