

# **E** Polygonum bistorta

## Common Name(s)

Tzu Shen; Ibuki-Tora-No-O; Snakeroot; Kurtpencesi; Enjebar; Mou Meng; Ch'Uan Shen; Naterwurz; Bistorta; English Serpentry

<b>Ethnobotanical Use</b>	<b>Country/Region</b>	<b>Reference</b>
Ague	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Alexiteric	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Amenorrhea	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Antidote	Elsewhere	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Antiseptic	Elsewhere	
Astringent	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Astringent	Elsewhere	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Astringent	UK	
Astringent	USSR	
Astringent	US	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Bite(Bug)	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Bite(Snake)	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.

<b>Ethnobotanical Use</b>	<b>Country/Region</b>	<b>Reference</b>
Cancer	Germany	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cancer(Lip)	USSR	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Colitis	Elsewhere	
Congestion	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Convulsion	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Diarrhea	Elsewhere	
Diuretic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Diuretic	Elsewhere	
Diuretic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Dropsy	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Expectorant	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Expectorant	Elsewhere	
Expectorant	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Fever	Elsewhere	
Fever	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Fever	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Flux	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Gingivitis	Elsewhere	
Hemorrhage	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.

<b>Ethnobotanical Use</b>	<b>Country/Region</b>	<b>Reference</b>
Hemostat	Turkey	Steinmetz, E.F. 1957. <i>codex Vegetabilis</i> . Published by the author, Amsterdam.
Hemostat	Elsewhere	
Laxative	China	Shih-chen, Li. 1973. <i>Chinese medicinal herbs</i> . Georgetown Press, San Francisco.
Lymphadenopathy	China	ANON. 1974. <i>A barefoot doctor's manual</i> . DHEW Publication No. (NIH): 75-695.
Malaria	Turkey	Steinmetz, E.F. 1957. <i>codex Vegetabilis</i> . Published by the author, Amsterdam.
Menorrhagia	Elsewhere	
Mouthwash	Spain	Font Query, P. 1979. <i>Plantas Medicinales el Dioscorides Renovado</i> . Editorial Labor, S.A. Barcelona. 5th Ed.
Refrigerant	China	ANON. 1974. <i>A barefoot doctor's manual</i> . DHEW Publication No. (NIH): 75-695.
Scrofula	China	ANON. 1974. <i>A barefoot doctor's manual</i> . DHEW Publication No. (NIH): 75-695.
Spasm	China	ANON. 1974. <i>A barefoot doctor's manual</i> . DHEW Publication No. (NIH): 75-695.
Swelling	China	ANON. 1974. <i>A barefoot doctor's manual</i> . DHEW Publication No. (NIH): 75-695.
Tonic	Turkey	Steinmetz, E.F. 1957. <i>codex Vegetabilis</i> . Published by the author, Amsterdam.
Tonic	US	Uphof, J.C. Th. 1968. <i>Dictionary of economic plants</i> . 2nd ed. Verlag von J. Cramer.
Tumor	China	Shih-chen, Li. 1973. <i>Chinese medicinal herbs</i> . Georgetown Press, San Francisco.
Tumor	China	Hartwell, J.L. 1967-71. <i>Plants used against cancer. A survey</i> . <i>Lloydia</i> 30-34.
Wound	China	Shih-chen, Li. 1973. <i>Chinese medicinal herbs</i> . Georgetown Press, San Francisco.