

E Aralia nudicaulis

Common Name(s)

Yabani Saparna; Spikenard

Ethnobotanical Country/Region Reference

Use

Alterative	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Cancer	US	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cathartic	US(Blackfoot)	
Cough	Canada(Kwakiutl)	
Depurative	US(Amerindian)	
Hemoptysis	Canada(Kwakiutl)	
Medicine	US(Appalachia)	
Narcotic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Pectoral	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Refrigerant	US(Amerindian)	
Sudorific	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Tea	US(Amerindian)	
Tonic	US(Blackfoot)	