

E **Aletris farinosa**

Common Name(s)

Unicorne; Sternwurzel; Blazing Star; Sterwortel; True Unicorn; Star Grass

Ethnobotanical Country/Region Reference

Use

Ache(Back)	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Ache(Stomach)	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Breast	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Colic		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Colic	US	Altschul, Siri Von Reis. 1973. Drugs and foods from little-known plants. Harvard Univ. Press
Colic	US(Appalachia)	
Diuretic	French	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Diuretic		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Diuretic	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Emetic	US	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Purgative	German	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.

**Ethnobotanical Country/Region Reference
Use**

Rheumatism	US(Appalachia)	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Sedative	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Sore	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Stomach		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Stomachic	US	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Stomachic	US(Appalachia)	
Tonic	US(Appalachia)	
Tonic	Dutch	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Tonic	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Uterus		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Vermifuge	US	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.