

E Heracleum lanatum

Common Name(s)

Parsnip, Cow

Ethnobotanical Country/Region Reference Use

Ache(Head)	Elsewhere
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Ache(Tooth)	Elsewhere
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Anodyne	US(Blackfoot)
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Arthritis	US(Blackfoot)
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Boil	US(Blackfoot)
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Bruise	US(Blackfoot)
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Convulsion	US(Amerindian)
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Fainting	US(Amerindian)
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Hair	Elsewhere
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Hair-Oil	Canada(Kwakiutl)
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Hair-Oil	Canada(Salish)
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Intestine	US(Blackfoot)
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Laxative	US(Blackfoot)
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Poultice	US(Blackfoot)
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**Ethnobotanical Country/Region Reference
Use**

Poultice	US(Flathead)	Hart, J.A. 1979. The ethnobotany of the Flathead Indians of Western Montana. Botanical Museum Leaflet 27(10). Harvard University.
Puberty	Canada(Kwakiutl)	
Rheumatism	US(Blackfoot)	
Salt	US(Amerindian)	
Sore(Throat)	Elsewhere	
Swelling	US(Flathead)	Hart, J.A. 1979. The ethnobotany of the Flathead Indians of Western Montana. Botanical Museum Leaflet 27(10). Harvard University.
Swelling	US(Blackfoot)	
Wart	US	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.