

E Plantago major

Common Name(s)

Plantain; Llanten; Oba-Ko; Tarkuz; Ch'E Ch'len; Sangka buwah; Wegerlich; Llanten Mayor; Daum sejumbok; Buyuk Sinirliot; Gechi Qulaghi; Sangkuwah; Sangkubah; Lisan Al Hamal; Ekur anjing (Dog tail); Sembung otot; Otot ototan; Sei Ohr Re; Suri pandak; Bazir Dam Bil; Arnoglossa; Meloh kiloh

Ethnobotanical Use	Country/Region	Reference
Ache(Ear)	Elsewhere	
Ache(Head)	Elsewhere	
Ache(Tooth)	Elsewhere	
Alexiteric	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Alterative		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Amebiasis	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Anodyne	Dominican Republic	Liogier, Alain Henri. 1974. Diccionario Botanico de Nombres Vulgares de la Espanola. Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Antidiarrheic	Japan*	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Antidote(Bee sting)		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Antiphlogistic	Japan*	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.

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Antitussive	Japan*	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Apertif	Kurdistan	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Aphrodisiac	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Astringent	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Astringent	Venezuela	Pittier, H. 1926. Manual de las Plantas Usuales de Venezuela. Litografia del Comercio, Caracas, Venezuela.
Astringent	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Bacteriostat	Elsewhere	
Bacteriostat	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Bite(Bug)	US(Appalachia)	
Bite(Snake)	US(Amerindian)	
Bladder	Panama	Gupta, M.P., et al. 1979. Ethnopharmacognostic observations on Panamanian medicinal plants. Part I. Quarterly journal of crude drug research 17(3-4):115-130.
Bladder stone	Java	
Blepharitis	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Blister	Canada(Kwakiutl)	
Boil	Hawaii	
Bruise	Mexico	Martinez, Maximino. 1969. Las Plantas Medinales de Mexico.
Bruise	UK	

Ethnobotanical Use	Country/Region	Reference
Burn	Mexico	Martinez, Maximino. 1969. Las Plantas Medinales de Mexico.
Cachexia	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Cancer	Algeria	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cancer	Poland	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cancer	Ecuador	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cancer	Iran	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cancer	Panama	Gupta, M.P., et al. 1979. Ethnopharmacognostic observations on Panamanian medicinal plants. Part I. Quarterly journal of crude drug research 17(3-4):115-130.
Cancer(Mouth)	Canary I	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cancer(Mouth)	Germany	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cancer(Uterus)	Europe	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Catarrh	Spain	Font Query, P. 1979. Plantas Medicinales el Dioscorides Renovado. Editorial Labor, S.A. Barcelona. 5th Ed.
Chest	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Cold	Panama	Gupta, M.P., et al. 1979. Ethnopharmacognostic observations on Panamanian medicinal plants. Part I. Quarterly journal of crude drug research 17(3-4):115-130.
Collyrium	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Collyrium	Dominican Republic	Liogier, Alain Henri. 1974. Diccionario Botanico de Nombres Vulgares de la Espanola. Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Collyrium	Trinidad	
Conjunctivitis	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.

Ethnobotanical Use	Country/Region	Reference
Cough	Malaya	
Cough	Elsewhere	
Debility	Hawaii	
Demulcent	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Demulcent	Elsewhere	
Deobstruent	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Depurative	Turkey	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Depurative	Java	
Depurative	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Diabetes	Java	
Diarrhea	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Diarrhea	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Diarrhea		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Diuretic		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Diuretic	Java	
Diuretic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Diuretic	Dominican Republic	Liogier, Alain Henri. 1974. Diccionario Botanico de Nombres Vulgares de la Espanola. Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Diuretic	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.

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Diuretic	China	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Diuretic	Venezuela	Pittier, H. 1926. Manual de las Plantas Usuales de Venezuela. Litografia del Comercio, Caracas, Venezuela.
Diuretic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Diuretic	Japan*	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyo, Kyoto, Japan.
Diuretic	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Dysentery	Mexico	Martinez, Maximino. 1969. Las Plantas Medicinales de Mexico.
Dysentery	Malaya	
Dysentery	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Dysuria	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Ecthyma	Elsewhere	
Edema	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Emission	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Epistaxis	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Expectorant	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Expectorant	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Fever	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Fever	Dominican Republic	Liogier, Alain Henri. 1974. Diccionario Botanico de Nombres Vulgares de la Espanola. Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Fever	Elsewhere	

Ethnobotanical Use	Country/Region	Reference
Gargle	Dominican Republic	Liogier, Alain Henri. 1974. Diccionario Botanico de Nombres Vulgares de la Espanola. Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Gonorrhea	Malaya	
Gravel	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Hematuria	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Hemostat	Dominican Republic	Liogier, Alain Henri. 1974. Diccionario Botanico de Nombres Vulgares de la Espanola. Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Hemostat	Elsewhere	
Hemostat	Venezuela	Pittier, H. 1926. Manual de las Plantas Usuales de Venezuela. Litografia del Comercio, Caracas, Venezuela.
Homeopathy	Elsewhere	
Hypertension	Hawaii	
Impetigo	Elsewhere	
Infection	US(Flathead)	Hart, J.A. 1979. The ethnobotany of the Flathead Indians of Western Montana. Botanical Museum Leaflet 27(10). Harvard University.
Inflammation	Panama	Gupta, M.P., et al. 1979. Ethnopharmacognostic observations on Panamanian medicinal plants. Part I. Quarterly journal of crude drug research 17(3-4):115-130.
Inflammation	Elsewhere	
Kidney	Panama	Gupta, M.P., et al. 1979. Ethnopharmacognostic observations on Panamanian medicinal plants. Part I. Quarterly journal of crude drug research 17(3-4):115-130.
Labor	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Laxative	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.

Ethnobotanical Use	Country/Region	Reference
Liver	Panama	Gupta, M.P., et al. 1979. Ethnopharmacognostic observations on Panamanian medicinal plants. Part I. Quarterly journal of crude drug research 17(3-4):115-130.
Liver	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Lung	Hawaii	
Nephritis	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Neuroblastoma	Panama	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Neuroblastoma	Peru	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Onychyosis	Java	
Ophthalmia	Trinidad	
Ophthalmia	Mexico	Martinez, Maximino. 1969. Las Plantas Medicinales de Mexico.
Ophthalmia	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Piles	Panama	Gupta, M.P., et al. 1979. Ethnopharmacognostic observations on Panamanian medicinal plants. Part I. Quarterly journal of crude drug research 17(3-4):115-130.
Piles		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Piles	Java	
Poultice	US(Appalachia)	
Poultice	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Poultice	US(Flathead)	Hart, J.A. 1979. The ethnobotany of the Flathead Indians of Western Montana. Botanical Museum Leaflet 27(10). Harvard University.
Prostatitis	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.

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Protisticide	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. <i>Economic Botany</i> 30(2): 103-142.
Protisticide	Elsewhere	
Refrigerant	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Refrigerant	Elsewhere	
Refrigerant		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Refrigerant	Turkey	Steinmetz, E.F. 1957. <i>codex Vegetabilis</i> . Published by the author, Amsterdam.
Renitis	Panama	Gupta, M.P., et al. 1979. Ethnopharmacognostic observations on Panamanian medicinal plants. Part I. <i>Quarterly journal of crude drug research</i> 17(3-4):115-130.
Rheumatism	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Sedative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Skin	Elsewhere	
Sore	Dominican Republic	Liogier, Alain Henri. 1974. <i>Diccionario Botanico de Nombres Vulgares de la Espanola</i> . Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Sore	Mexico	Martinez, Maximino. 1969. <i>Las Plantas Medicinales de Mexico</i> .
Sore	US(Flathead)	Hart, J.A. 1979. The ethnobotany of the Flathead Indians of Western Montana. <i>Botanical Museum Leaflet</i> 27(10). Harvard University.
Spermatorrhea	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Sterility(Male)	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Stimulant	Elsewhere	
Sting	Dominican Republic	Liogier, Alain Henri. 1974. <i>Diccionario Botanico de Nombres Vulgares de la Espanola</i> . Universidad Nacional Pedro Henriquez Urena, Santo Domingo.

Ethnobotanical Use	Country/Region	Reference
Sting	UK	
Stomatitis	Haiti	Liogier, Alain Henri. 1974. Diccionario Botanico de Nombres Vulgares de la Espanola. Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Stomatitis	Mexico	Martinez, Maximino. 1969. Las Plantas Medinales de Mexico.
Stone	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Suppurative	US(Flathead)	Hart, J.A. 1979. The ethnobotany of the Flathead Indians of Western Montana. Botanical Museum Leaflet 27(10). Harvard University.
Thrush	Java	
Tonic	Elsewhere	
Tonic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Tumor	Chile	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Tumor	Europe(Prussia)	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Tumor	Japan	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Tumor	Venezuela	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Tumor(Feet)	US(PA)	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Ulcer	Panama	Gupta, M.P., et al. 1979. Ethnopharmacognostic observations on Panamanian medicinal plants. Part I. Quarterly journal of crude drug research 17(3-4):115-130.
Urethritis	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Urogenital	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Vermifuge	Java	
Vulnerary	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.

Ethnobotanical Use	Country/Region	Reference
Wart	UK	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Wound	Canada(Kwakiutl)	
Wound	Elsewhere	
Wound	US(Flathead)	Hart, J.A. 1979. The ethnobotany of the Flathead Indians of Western Montana. Botanical Museum Leaflet 27(10). Harvard University.
Wound	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.