

E **Plantago asiatica**

Common Name(s)

Oba-Ko

Ethnobotanical Country/Region Reference Use

Ache(Ear)	Elsewhere	
Ache(Head)	Elsewhere	
Ache(Tooth)	Elsewhere	
Alterative	Elsewhere	
Antitussive	Japan	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
Astringent	Elsewhere	
Bladder	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Cough	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Cough	Elsewhere	
Demulcent	Elsewhere	
Diarrhea	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Diarrhea	Japan	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
Diarrhea	Elsewhere	
Diuretic	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.

**Ethnobotanical Country/Region Reference
Use**

Diuretic	Japan	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
----------	-------	---

Diuretic	Elsewhere	
----------	-----------	--

Dysuria	China	Lost Crops of the Incas.
---------	-------	--------------------------

Ecthyma	Elsewhere	
---------	-----------	--

Edema	China	Lost Crops of the Incas.
-------	-------	--------------------------

Eye	Elsewhere	
-----	-----------	--

Fever	Elsewhere	
-------	-----------	--

Gastritis	Elsewhere	
-----------	-----------	--

Gonorrhea	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
-----------	-------	--

Gonorrhea	China	Lost Crops of the Incas.
-----------	-------	--------------------------

Hematuria	Elsewhere	
-----------	-----------	--

Hematuria	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
-----------	-------	--

Hematuria	China	Lost Crops of the Incas.
-----------	-------	--------------------------

Hemostat	Elsewhere	
----------	-----------	--

Hemostatic	Japan	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
------------	-------	---

Hypertension	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
--------------	-------	--

Impetigo	Elsewhere	
----------	-----------	--

Inflammation	Elsewhere	
--------------	-----------	--

Itch	Elsewhere	
------	-----------	--

**Ethnobotanical Country/Region Reference
Use**

Kidney	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Piles	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Piles	Elsewhere	
Polyuria	China	Lost Crops of the Incas.
Refrigerant	Elsewhere	
Skin	Elsewhere	
Stimulant	Elsewhere	
Strangury	China	Lost Crops of the Incas.
Suppurative	Elsewhere	
Swelling	Japan	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
Tonic	Elsewhere	
Urethritis	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Urogenital	Elsewhere	
Wound	Elsewhere	