

# E Asparagus officinalis

## Common Name(s)

Kuskonmaz; Asperge; Halyun; Esparraguera; Asbaragus; Asparagus; Esparrago; Matuba-Udo

<b>Ethnobotanical Use</b>	<b>Country/Region</b>	<b>Reference</b>
Ache(Back)	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Ache(Tooth)	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Aperient	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Aphrodisiac	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Aphrodisiac	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Asthenia	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Bladder	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Cardiac	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Cardiac	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Debility	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.

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Demulcent	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Deobstruent	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Depurative	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Diuretic	Dominican Republic	Liogier, Alain Henri. 1974. Diccionario Botanico de Nombres Vulgares de la Espanola. Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Diuretic	Elsewhere	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Diuretic	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Diuretic	Venezuela	Pittier, H. 1926. Manual de las Plantas Usuales de Venezuela. Litografia del Comercio, Caracas, Venezuela.
Diuretic	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Diuretic	Spain	Font Query, P. 1979. Plantas Medicinales el Dioscorides Renovado. Editorial Labor, S.A. Barcelona. 5th Ed.
Diuretic	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Diuretic	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Diuretic	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Diuretic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Diuretic	Elsewhere	
Diuretic	France	

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Diuretic	France	
Dropsy	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Dropsy	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Dropsy	Elsewhere	
Fattening	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Gout	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Gout	Elsewhere	
Gout	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Heart	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Hepatitis	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Hydropsy	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Hypertension	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Kidney	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Liver	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.

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Lumbago	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Lung	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Neurasthenia	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Parasiticide	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Purgative	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Rheumatism	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Sedative	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Sedative	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Stone	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Thigh	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Tumor(Bladder)	Europe	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.