

# **E** **Withania somnifera**

## Common Name(s)

Samm Al Ferakh; Ajagandha; Kanaje Hindi; Strychnos; Orovale

<b>Ethnobotanical Use</b>	<b>Country/Region</b>	<b>Reference</b>
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Abortifacient	Pakistan	
Adenopathy	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Anodyne	India(Punjab)	
Arthritis	Ethiopia	
Arthritis	India(Ayurvedic)	
Asthma	India(Ayurvedic)	
Bactericide	Elsewhere	
Bronchitis	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Cancer	Greece	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Candida	India	
Cold	Lesotho	Guillarmod, A.J. 1971. Flora of Lesotho (Basutoland). Verlag von J. Cramer, 3301 Lehre, Germany.
Contraceptive	Pakistan	

<b>Ethnobotanical Use</b>	<b>Country/Region</b>	<b>Reference</b>
Cough	Elsewhere	
Debility	Elsewhere	
Diuretic	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Diuretic	Africa	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Diuretic	Sudan	Broun, A.F., and R.E. Massey. 1929. Flora of the Sudan. The controller, Sudan Govt. Office, Wellington House, Buchingham Gate, London, S.W.I.
Dropsy	Elsewhere	
Dyspepsia	India(Rajasthan)	
Enema	Lesotho	Guillarmod, A.J. 1971. Flora of Lesotho (Basutoland). Verlag von J. Cramer, 3301 Lehre, Germany.
Eye	Elsewhere	
Fever	Elsewhere	
Fungicide	India	
Gynecopathy	Elsewhere	
Hiccup	Elsewhere	
Hypertension	Elsewhere	
Inflammation	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Intestine	Lesotho	Guillarmod, A.J. 1971. Flora of Lesotho (Basutoland). Verlag von J. Cramer, 3301 Lehre, Germany.
Lumbago	India(Punjab)	
Marasmus	India	

<b>Ethnobotanical Use</b>	<b>Country/Region</b>	<b>Reference</b>
Narcotic	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Narcotic	Spain	Font Query, P. 1979. Plantas Medicinales el Dioscorides Renovado. Editorial Labor, S.A. Barcelona. 5th Ed.
Narcotic	Africa	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Pediculicide	Afghanistan	
Poison	Asia	Lewis and Elvin-Lewis, Medical Botany, ca 1977
Poison	Pakistan	
Psoriasis	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Rectitis	Elsewhere	
Rectum	South Africa(Kaffir)	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Rennet	Sudan	Broun, A.F., and R.E. Massey. 1929. Flora of the Sudan. The controller, Sudan Govt. Office, Wellington House, Buchingham Gate, London, S.W.I.
Rennet	Elsewhere	
Rennet	Sudan	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Rheumatism	Elsewhere	
Rheumatism	India(Ayurvedic)	
Ringworm	Elsewhere	
Scabies	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Scabies	India(Ayurvedic)	

<b>Ethnobotanical Use</b>	<b>Country/Region</b>	<b>Reference</b>
Sedative	Elsewhere	
Sedative	India(Ayurvedic)	
Sedative	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Senility	Elsewhere	
Sore	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Sore	Elsewhere	
Spasmolytic	Elsewhere	
Syphilis	Elsewhere	
Tonic	Sudan	Broun, A.F., and R.E. Massey. 1929. Flora of the Sudan. The controller, Sudan Govt. Office, Wellington House, Buchingham Gate, London, S.W.I.
Tubercle	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Tumor	Yemen	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Tumor	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Tumor	Elsewhere	
Tumor(Abdomen)	India	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Uterus	India(Ayurvedic)	
Viricide	Elsewhere	

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Witchcraft	Lesotho	Guillarmod, A.J. 1971. Flora of Lesotho (Basutoland). Verlag von J. Cramer, 3301 Lehre, Germany.
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Wound	Lesotho	Guillarmod, A.J. 1971. Flora of Lesotho (Basutoland). Verlag von J. Cramer, 3301 Lehre, Germany.
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