

Dr. Duke's Phytochemical and Ethnobotanical Database**Ethnobotanical Plants for Anxiety**

Ethnobotanical Plant	Common Names
Achyranthes bidentata	Niu Hsi, Niu Hsi Chiu, Soei in soei in taloen, Too-Inokozuti
Lophatherum gracile	Rumput kelurut (Chancre grass), Sasa-Kusa, Tan Chu
Poria cocos(fungus)	
Prunella vulgaris	Adi Erikotu, Consolida Minor, Consuelda Menor, Healall, Hsia Ku Ts'Ao, Selfheal, Sicklewort, Xia Ku Cao
Scrophularia marilandica	Figwort, Maryland Figroot
Scrophularia ningpoensis	Genzin, Xuan Shen
Trichosanthes kirilowii	Karo(To-Karasu-Uri), Kua Lou, T'Ien Kua
Trichosanthes multiloba	Kua Lou, Kuo Lou, Pai Yao, Qua Lau, T'Ien Hua Fen
Ziziphus jujuba	Azufaifo, Bedara china, Dara, Hong Zao, Jujube, Kola, Nabug, Natume, Pomme Malcadi, Sanebuto-Natume, Suan Tsao, Unnab, Unnap Agaci, Widara