

# **E** **Nelumbo nucifera**

## Common Name(s)

Lien Tzu; Lien Tzu Hsin; Hsia; Hung Pai Lien Hua; Fo Tso Hsu; Ou; Shih Lien Tzu; Ho Lien Hua; Lien; Chieh Fen; Lien I; Lien Hua; Lien Shih; Lien Ou; Han T'Ao; Ho; Ou Fen; Lotus,Blue; Kaya; Mi; Hasu; I; Lotus Bean; Ch'leh; Ho Yeh; Fu Ch'U; Ti

### **Ethnobotanical Country/Region Reference Use**

Abdomen	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Alcoholism	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Antidote	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Antidote	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Antiemetic	Elsewhere	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Bacteriostat	Elsewhere	
Bruise	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Cancer(Cervix)	China	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Chest	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Cholera	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Circulation	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Complexion	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.

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Use**

Cosmetic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Decoagulant	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Demulcent	Elsewhere	
Deobstruent	India(Santal)	
Depurative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Diarrhea	China	Lost Crops of the Incas.
Diarrhea	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Diarrhea	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Diarrhea	Elsewhere	
Diarrhea	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Diuretic	China	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Dysentery	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Dysentery	China	Lost Crops of the Incas.
Dysentery	Elsewhere	
Dysentery	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Dyspepsia	Elsewhere	
Ejaculation	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Enteritis	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Epistaxis	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.

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Use**

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Fever	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Fever	China	Lost Crops of the Incas.
Flux	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Gonorrhea	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Hairblack	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Heart	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Heart	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Hematemesis	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Hematochezia	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Hematochezia	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Hematuria	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Hematuria	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Hemoptysis	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Hemoptysis	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Hemorrhage	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Hemostat	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Hemostat	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Hemostat	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Insomnia	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.

**Ethnobotanical Country/Region Reference  
Use**

Intellect	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Intestine	India(Santal)	
Labor	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Leucorrhoea	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Leucorrhoea	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Medicine	China	
Metrorrhagia	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Neurasthenia	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Panacea	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Post-Partum	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Puerperium	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Refrigerant	China	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Ringworm	Elsewhere	
Sclerosis(Limb)	Egypt	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Sedative	China	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Sedative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Semen	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Skin	Elsewhere	
Smallpox	Elsewhere	

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Spasm	Elsewhere	Lost Crops of the Incas.
Spasm	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Spermatorrhea	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Spermatorrhea	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Spleen	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Stomachic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Sunstroke	China	Lost Crops of the Incas.
Tonic	Elsewhere	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Tonic	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Tonic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Tumor(Abdomen)	India	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Vermifuge	Elsewhere	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Vertigo	China	Lost Crops of the Incas.
Virility	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.