

# **E** *Achillea sibirica*

## Common Name(s)

Shih

| <b>Ethnobotanical Use</b> | <b>Country/Region</b> | <b>Reference</b>   |
|---------------------------|-----------------------|--|
| Abdomen                   | China                 | ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.    |
| Abscess                   | China                 | ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.    |
| Amenorrhea                | China                 | ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.    |
| Antiseptic                | China                 | ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.    |
| Atrophy                   | China                 | Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco. |
| Bite(Snake)               | China                 | ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.    |
| Carminative               | China                 | ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.    |
| Dyspepsia                 | China                 | Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco. |
| Eye                       | China                 | Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco. |
| Hunger                    | China                 | Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco. |
| Inflammation              | China                 | ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.    |
| Internulcer               | China                 | ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.    |
| Muscle                    | China                 | Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco. |
| Respiration               | China                 | Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco. |

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|---------------------------|-----------------------|--|
| Skin                      | China                 | Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco. |
| Spasm                     | China                 | ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.    |
| Stomachic                 | China                 | ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.    |
| Tonic                     | China                 | Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco. |
| Tonic                     | China                 | ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.    |
| Trauma                    | China                 | ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.    |