

# List of Plants

## GERMANIUM

### Chemid

GERMANIUM

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

| Plant                       | Part    | Low PPM | High PPM | StdDev | *Reference  |
|-----------------------------|---------|---------|----------|--------|---|
| Allium sativum var. sativum | Bulb    | --      | 0.3      |        | *   |
| Angelica archangelica       | Root    | --      | 146.0    | -1.0   | *   |
| Camellia sinensis           | Leaf    | --      | --       |        | *   |
| Coix lacryma-jobi           | Seed    | --      | --       |        | Hutchings, A, Scott, AH, Lewis, G, and Cunningham, A. 1996. Zulu Medicinal Plants. An inventory. University of Natal Press, Pietermaritzburg. 450 pp. |
| Ganoderma lucidum           | Fruit   | --      | 4.9      |        | *   |
| Panax ginseng               | Root    | 0.12    | 320.0    | 1.0    | *   |
| Panax quinquefolius         | Plant   | --      | --       |        | *   |
| Zingiber officinale         | Rhizome | 87.0    | 169.0    |        | *   |