

List of Plants

FLAVONOLS

Chemid

FLAVONOLS

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

| Plant | Part | Low PPM | High PPM | StdDev | *Reference |
|---------------------------|-------|---------|----------|--------|--|
| Camellia sinensis | Leaf | -- | 400.0 | -1.0 | * |
| Carica papaya | Leaf | -- | 2000.0 | 1.0 | * |
| Punica granatum | Fruit | -- | -- | | Newman, R. A., Lansky, E. P., with Block, M. L. 2007. Pomegranate - The Most Medicinal Fruit. Basic Health Publications, Laguna Beach, CA. 120 pp. |
| Rubus idaeus | Juice | -- | 122.0 | | * |
| Trigonella foenum-graecum | Fruit | 7100.0 | 15500.0 | | Singh, J., Gupta, K., and Arora, S.K. 1993. Changes in the anti-nutritional factors of developing seeds and pod walls of fenugreek (<i>Trigonella foenum graecum</i> L.). <i>Plant Foods for Human Nutrition</i> . 46: 77-84, 1994. |
| Trigonella foenum-graecum | Seed | 16100.0 | 27400.0 | | Singh, J., Gupta, K., and Arora, S.K. 1993. Changes in the anti-nutritional factors of developing seeds and pod walls of fenugreek (<i>Trigonella foenum graecum</i> L.). <i>Plant Foods for Human Nutrition</i> . 46: 77-84, 1994. |