

List of Plants



Chemid

CARBOHYDRATE

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	Part	Low PPM	High PPM	StdDev	*Reference
Abelmoschus esculentus	Fruit	76300.0	760000.0	0.17	USDA's Ag Handbook 8 and sequelae)
Mentha spicata	Plant	80000.0	588300.0	0.16	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Ocimum basilicum	Leaf	70000.0	652000.0	0.15	*
Perilla frutescens	Seed	69000.0	585000.0	0.22	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Perilla frutescens	Leaf	--	571000.0	-1.02	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Perilla frutescens	Plant	--	80000.0	-1.68	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Pimenta dioica	Plant	749000.0	757000.0	0.76	*
Piper nigrum	Fruit	--	648100.0	-0.78	USDA's Ag Handbook 8 and sequelae)
Portulaca oleracea	Herb	35500.0	632000.0		*
Prunus dulcis	Seed	129000.0	243000.0	-1.16	*
Satureja hortensis	Plant	--	755000.0	0.76	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Sesamum indicum	Seed	93900.0	245990.0	-1.15	*
Sesamum indicum	Leaf	--	593000.0	-0.7	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Solanum tuberosum	Tuber	171000.0	862000.0		*
Tamarindus indica	Leaf	706000.0	750000.0	1.57	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Tamarindus indica	Seed	651000.0	740000.0	0.85	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Tamarindus indica	Fruit	625000.0	925000.0	1.57	USDA's Ag Handbook 8 and sequelae)
Tamarindus indica	Flower	--	750000.0		CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Vanilla planifolia	Fruit	305000.0	628000.0	-0.95	*
Zea mays	Silk Stigma Style	--	825000.0		*
Zea mays	Seed	190209.0	838000.0	1.25	*