

List of Activities



Chemid

BORON

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Activity	Reference
Androgenic 3 mg/man/day	*
Antiosteoarthritic	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiosteoporotic 3 mg/man/day	*
Estrogenic 3 mg/man/day	*