

List of Plants



Chemid

XYLITOL

Dosage

ADI=20 g/day

Martindale's 28th

LD50=22,000 (orl mus)

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	Part	Low PPM	High PPM	StdDev	*Reference
Allium cepa	Bulb	--	--		Counsell, J. N., Robertson, D. J. 1976. Xylitol-A Sweetener Which is Kind to the Teeth. Food Process Ind., 45(54): 24-26.
Carica papaya	Bark	--	--		Jim Duke's personal files.
Daucus carota	Root	--	--		*
Rubus idaeus	Fruit	--	0.4		*
Spinacia oleracea	Leaf	--	--		Counsell, J. N., Robertson, D. J. 1976. Xylitol-A Sweetener Which is Kind to the Teeth. Food Process Ind., 45(54): 24-26.