

# List of Plants

## STIGMAST-7-EN-3-BETA-OL

### Chemid

STIGMAST7EN3BETAOL

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	Part	Low PPM	High PPM	StdDev	*Reference
Aesculus hippocastanum	Seed	--	--		Jim Duke's personal files.
Allium cepa	Seed	--	--		Kintia, P. K., Degtiaryova, L. P., Balashova, N. N., Shvets, S. A. 1987. Sterols and Steroidal Glycosides of Bulb Onion Seeds. Fecs. Int. Conf. Chem. Biotechol. Biol. Act. Nat. Prod., (Proc.) 3rd: 166-170.
Avena sativa	Seed	--	--		*
Avena sativa	Leaf	--	--		*
Calendula officinalis	Sprout Seedling	--	--		*
Cucumis melo	Stem	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Cucumis sativus	Leaf	--	--		*
Helianthus annuus	Seed	--	--		*
Lactuca sativa	Seed	--	--		*
Nigella sativa	Seed Oil	--	--		*
Opuntia ficus-indica	Seed Oil	--	70000.0		*
Sesamum indicum	Seed Oil	--	--		*