

List of Plants

LYSOPHOSPHATIDYLCHOLINE

Chemid

LYSOPHOSPHATIDYLCHOLINE

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	Part	Low PPM	High PPM	StdDev	*Reference
Angelica sinensis	Root	--	--		Jim Duke's personal files.
Coix lacryma-jobi	Seed	--	--		Hutchings, A, Scott, AH, Lewis, G, and Cunningham, A. 1996. Zulu Medicinal Plants. An inventory. University of Natal Press, Pietermaritzburg. 450 pp.
Elettaria cardamomum	Seed	--	--		*
Fagopyrum esculentum	Seed	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Ficus carica	Fruit	--	--		Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Panax ginseng	Root	--	--		*
Theobroma cacao	Seed	--	--		ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Urtica dioica	Plant	--	--		Antonopoulou, S., Demopoulos, C. A., Andrikopoulos, N. K. 1996. Lipid separation from Urtica dioica: Existence of platelet-activating factor. Journal of Agricultural and Food Chemistry 44(10): 3052-3056.
Urtica dioica	Root	--	--		Jim Duke's personal files.