

List of Plants



Chemid

LIGNANS

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	Part	Low PPM	High PPM	StdDev	*Reference
Cnicus benedictus	Plant	--	--		Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.
Croton lechleri	Plant	--	--		Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.
Eleutherococcus senticosus	Plant	--	--		Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Hyptis verticillata	Plant	--	--		Tramil
Linum usitatissimum	Plant	--	--		*
Linum usitatissimum	Seed	525.0	675.0	-1.0	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Maranta arundinacea	Leaf	--	--		Tramil
Nandina domestica	Plant	--	--		*
Piper auritum	Leaf	--	--		Tramil
Schisandra chinensis	Stem	--	100000.0		Lawrence Review of Natural Products, Jun-88.
Schisandra chinensis	Fruit	3000.0	20000.0		*
Schisandra chinensis	Seed	80000.0	190000.0	1.0	*
Urtica dioica	Root	--	--		*