

List of Plants



Chemid

LECITHIN

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	Part	Low PPM	High PPM	StdDev	*Reference
Alisma plantago-aquatica	Rhizome	--	--		*
Althaea officinalis	Root	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Arachis hypogaea	Seed	5000.0	7000.0	-0.55	*
Artemisia cina	Flower	--	--		*
Bertholletia excelsa	Seed	60000.0	105000.0	2.13	*
Carya ovata	Seed Oil	--	5000.0		*
Cucurbita pepo	Seed	--	4000.0	-0.63	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Daucus carota	Root	--	--		*
Fragaria spp	Fruit	--	620.0		*
Glycine max	Seed	15000.0	25000.0	-0.06	*
Helianthus annuus	Seed	385.0	2300.0	-0.68	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Juglans regia	Seed	--	--		CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Linum usitatissimum	Seed	--	8800.0	-0.5	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Lupinus albus	Seed	--	--		*
Malus domestica	Plant	--	--		*
Mucuna pruriens	Seed	--	100000.0	1.99	*
Oryza sativa	Plant	--	--		*
Papaver somniferum	Seed	--	28000.0	0.02	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Persea americana	Fruit	--	--		ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Pisum sativum	Seed	--	--		*
Polygonum multiflorum	Root	--	--		Chemical Constituents of Oriental Herbs (3 diff. books)
Prunus domestica	Seed	--	1500.0	-0.7	USDA's Ag Handbook 8 and sequelae)
Ricinus communis	Seed	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Rosa canina	Seed	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Sesamum indicum	Seed	58.0	395.0	-0.73	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Sorbus aucubaria	Fruit	--	--		*

Spinacia oleracea	Leaf	--	--		ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Taraxacum officinale	Flower	--	29700.0		ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Taraxacum officinale	Root	--	--		*
Theobroma cacao	Seed	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Trigonella foenum-graecum	Plant	--	--		*
Triticum aestivum	Seed	--	--		*
Urtica dioica	Plant	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Vigna mungo	Seed	--	16000.0	-0.3	*
Vitis vinifera	Seed	--	--		*
Zingiber officinale	Root	--	--		Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.
Zingiber officinale	Rhizome	--	--		*