

List of Plants

INDOLE-3-CARBINOL

Chemid

INDOLE3CARBINOL

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	Part	Low PPM	High PPM	StdDev	*Reference
<i>Brassica oleracea</i> var. <i>italica</i>	Leaf	--	--		Stitt, Paul. Why George should eat broccoli.
<i>Brassica oleracea</i> var. <i>gemmifera</i>	Shoot	--	--		*
<i>Brassica oleracea</i> var. <i>capitata</i> l.	Leaf	--	--		*
<i>Brassica oleracea</i> var. <i>botrytis</i> l.	Leaf	--	--		*
<i>Brassica oleracea</i> var. <i>capitata</i> l.	Plant	--	--		*