

Dr. Duke's Phytochemical and Ethnobotanical Databases

List of Plants for FOLIC-ACID

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Lens culinaris</i>	Seed		1070.0	2.8284111586845944	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Aloe vera</i>	Leaf	27.0	200.0	0.9999999999999997	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
<i>Panax quinquefolius</i>	Plant	0.0	68.0	1.386195235089137	--
<i>Spinacia oleracea</i>	Plant	1.2	15.0	-0.4505134514039695	--
<i>Vigna unguiculata</i>	Fruit		8.9	1.3736151072685194	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Vigna unguiculata</i>	Seed	0.8	4.1	-0.34543737171395295	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Persea americana</i>	Fruit	0.3	2.4	-0.3954552706283253	--
<i>Juglans regia</i>	Seed	1.0	2.0	-0.35169038035813815	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Vigna radiata</i>	Seed	1.4	1.6	-0.3528814296236972	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Hordeum vulgare</i>	Seed	0.0	1.5	-0.35317919194008696	Jim Duke's personal files.*
<i>Trigonella foenum-graecum</i>	Plant		1.0	-0.9356817836851675	Kameoka, H. and Nakai, K. 1987. Components of essential oil from the root of <i>Glycyrrhiza-glabra</i> . <i>Nippon Gogeikagaku Kaishi</i> 61(9): 1119-1122.
<i>Avena sativa</i>	Seed	0.0	0.75	-0.35541240931301027	Jim Duke's personal files.*
<i>Prunus dulcis</i>	Seed		0.45	-0.3563056962621796	--
<i>Zea mays</i>	Seed	0.142	0.4	-0.3564545774203745	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Citrullus lanatus</i>	Fruit		0.259	-0.9781598366401939	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
<i>Sesamum indicum</i>	Seed		0.2	-0.357050102053154	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.

Plant	Part	Low PPM	High PPM	StdDev	Reference
Brassica oleracea var. capitata l.	Leaf		0.133	-0.9999999999999999	Wealth of India.
Solanum tuberosum	Tuber		0.074		--
Medicago sativa	Plant				--
Angelica sinensis	Root				Chemical Constituents of Oriental Herbs (3 diff. books)
Panax ginseng	Root				--
Astragalus membranaceus	Root				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Achillea millefolium	Leaf				Wealth of India.
Menyanthes trifoliata	Leaf				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6. Springer-Verlag, Berlin, 1969-1979.