

Dr. Duke's Phytochemical and Ethnobotanical Databases

List of Plants for ERGOSTEROL

| Plant | Part | Low PPM | High PPM | StdDev | Reference |
|-----------------------|------------------|---------|----------|--------|--|
| Abelmoschus moschatus | Seed | | | | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
| Anethum graveolens | Seed Essent. Oil | | | | -- |
| Angelica archangelica | Fruit | | | | -- |
| Angelica archangelica | Plant | | | | Pakistan Encyclopedia Planta Medica. 1986. |
| Chelidonium majus | Root | | | | -- |
| Ganoderma lucidum | Plant | 3000.0 | 4000.0 | | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
| Ganoderma lucidum | Fruit | | 1168.4 | | -- |
| Ginkgo biloba | Seed | | | | Jim Duke's personal files. |
| Glycine max | Seed | | | | List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979. |
| Gossypium sp | Seed | | | | -- |
| Hibiscus sabdariffa | Seed | | | | -- |
| Inonotus obliquus | Plant | | | | -- |
| Lactuca sativa | Leaf | | | | -- |
| Nicotiana tabacum | Leaf | | | | ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes. |
| Oryza sativa | Sprout Seedling | | | | -- |
| Phoenix dactylifera | Seed | | | | ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes. |
| Theobroma cacao | Seed | | | | Grenand, P., Moretti, C., and Jacquemin, H. 1987. Pharmacopees Traditionnelles en Guyane. l'ORSTROM, Paris. 569 pp. |
| Triticum aestivum | Seed | | 12.0 | | -- |
| Vitis vinifera | Fruit | | | | -- |

| Plant | Part | Low PPM | High PPM | StdDev | Reference |
|----------|-------------------|---------|----------|--------|--|
| Zea mays | Silk Stigma Style | | | | Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705. |
| Zea mays | Root | | | | -- |