

Dr. Duke's Phytochemical and Ethnobotanical Databases

List of Plants for DELTA-5-AVENASTEROL

Plant	Part	Low PPM	High PPM	StdDev	Reference
Avena sativa	Seed				--
Ceratonia siliqua	Seed				Wealth of India.
Hibiscus sabdariffa	Seed				--
Juglans regia	Seed	20.0	105.0		--
Lactuca sativa	Seed				--
Linum usitatissimum	Seed				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Moringa oleifera	Seed				--
Sinapis alba	Seed				--