

Dr. Duke's Phytochemical and Ethnobotanical Databases

List of Plants for 7-DEHYDRO-AVENASTEROL

| Plant | Part | Low PPM | High PPM | StdDev | Reference |
|----------------------|----------|---------|----------|--------|----------------------------|
| Avena sativa | Seed | | | | -- |
| Avena sativa | Leaf | | | | -- |
| Carica papaya | Seed Oil | | | | Jim Duke's personal files. |
| Citrullus lanatus | Seed Oil | | | | -- |
| Cucumis sativus | Seed | | | | -- |
| Glycine max | Seed | | | | -- |
| Glycine max | Seed Oil | | | | -- |
| Helianthus annuus | Seed | | | | -- |
| Nigella sativa | Seed Oil | | | | -- |
| Opuntia ficus-indica | Seed Oil | | 26000.0 | | -- |
| Sesamum indicum | Seed Oil | | | | -- |
| Zea mays | Seed Oil | | | | -- |
| Zea mays | Seed | | | | -- |