

**Dr. Duke's Phytochemical and Ethnobotanical Databases**

**List of Plants for 7-DEHYDRO-AVENASTEROL**

Plant	Part	Low PPM	High PPM	StdDev	Reference
Opuntia ficus-indica	Seed Oil		26000.0		--
Citrullus lanatus	Seed Oil				--
Cucumis sativus	Seed				--
Sesamum indicum	Seed Oil				--
Glycine max	Seed				--
Helianthus annuus	Seed				--
Zea mays	Seed Oil				--
Nigella sativa	Seed Oil				--
Zea mays	Seed				--
Avena sativa	Leaf				--
Avena sativa	Seed				--
Glycine max	Seed Oil				--
Carica papaya	Seed Oil				Jim Duke's personal files.