

**Dr. Duke's Phytochemical and Ethnobotanical Databases****List of Plants for PROANTHOCYANINS**

Plant	Part	Low PPM	High PPM	StdDev	Reference
Juniperus communis	Fruit				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Myristica fragrans	Seed				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.