

Dr. Duke's Phytochemical and Ethnobotanical Databases**List of Plants for MUCILAGES**

Plant	Part	Low PPM	High PPM	StdDev	Reference
Commiphora myrrha	Resin, Exudate, Sap	300000.0	600000.0		Gruenwald, J. et al. 1998. PDR for Herbal Medicine. 1st ed. Medical Economics Co., Montvale, NJ. 1244 pp. (abbreviated as PHR or Physicians Herbal Reference in my mind)