

**Dr. Duke's Phytochemical and Ethnobotanical Databases**

**List of Plants for (-)-INOSITOL**

Plant	Part	Low PPM	High PPM	StdDev	Reference
Inula helenium	Leaf				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.