

Dr. Duke's Phytochemical and Ethnobotanical Databases

List of Plants for VIT-B-6

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Abelmoschus esculentus</i>	Fruit	2.0	22.0	2.3189606682135615	USDA's Ag Handbook 8 and sequelae)
<i>Allium cepa</i>	Bulb	1.0	18.0		USDA's Ag Handbook 8 and sequelae)
<i>Allium schoenoprasum</i>	Leaf	1.0	22.0	0.6256837726342495	USDA's Ag Handbook 8 and sequelae)
<i>Anacardium occidentale</i>	Seed	2.0	3.0	-0.7480591991066328	--
<i>Ananas comosus</i>	Fruit	0.9	6.0	-0.3708031557292606	USDA's Ag Handbook 8 and sequelae)
<i>Annona squamosa</i>	Fruit	2.0	8.0	-0.03458267773640783	--
<i>Annona reticulata</i>	Fruit	2.0	8.0	-0.03458267773640783	--
<i>Annona muricata</i>	Fruit	0.6	3.0	-0.8751338727185397	--
<i>Anthriscus cerefolium</i>	Leaf	11.0	14.0	-0.1327208002557497	--
<i>Apium graveolens</i>	Leaf	0.0	6.0	-0.8911253731457488	USDA's Ag Handbook 8 and sequelae)
<i>Arachis hypogaea</i>	Seed	2.96	3.7	-0.4611323830109378	--
<i>Artocarpus heterophyllus</i>	Fruit	1.0	4.0	-0.7070236337221133	--
<i>Bertholletia excelsa</i>	Seed	2.0	3.0	-0.7480591991066328	USDA's Ag Handbook 8 and sequelae)
<i>Beta vulgaris</i>	Root	0.5	3.6	-1.7614273244491558	USDA's Ag Handbook 8 and sequelae)
<i>Brassica oleracea</i> var. <i>gemmifera</i>	Leaf	2.2	16.0	0.05688034296675007	USDA's Ag Handbook 8 and sequelae)
<i>Brassica oleracea</i> var. <i>sabellica</i> l.	Leaf	3.0	17.0	0.15168091457799995	--
<i>Brassica oleracea</i> var. <i>botrytis</i> l.	Flower	2.0	30.0	1.0	--
<i>Brassica rapa</i>	Root	1.0	11.0	0.41907564596559793	--
<i>Brassica oleracea</i> var. <i>botrytis</i> l.	Leaf	1.6	18.0	0.24648148618924984	--
<i>Brassica oleracea</i> var. <i>viridis</i> l.	Leaf	0.7	11.0	-0.4171225150894994	--
<i>Brassica oleracea</i> var. <i>italica</i>	Leaf	1.6	18.0	0.24648148618924984	USDA's Ag Handbook 8 and sequelae)
<i>Brassica oleracea</i> var. <i>capitata</i> l.	Leaf	0.8	14.0	-0.1327208002557497	USDA's Ag Handbook 8 and sequelae)
<i>Brassica oleracea</i>	Stem	1.5	17.0		--
<i>Brassica napus</i> var. <i>napobrassica</i>	Root	1.0	10.0	0.12441308239603659	USDA's Ag Handbook 8 and sequelae)
<i>Cajanus cajan</i>	Seed	3.0	4.0	-0.3381637475413548	--

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Capsicum frutescens</i>	Fruit	3.0	23.0	2.4870709072099877	USDA's Ag Handbook 8 and sequelae)
<i>Capsicum annuum</i>	Fruit	2.0	22.0	2.3189606682135615	USDA's Ag Handbook 8 and sequelae)
<i>Carica papaya</i>	Fruit	0.2	1.7	-1.0936771834138939	USDA's Ag Handbook 8 and sequelae)
<i>Carya illinoensis</i>	Seed	1.8	2.0	-1.1579546506719107	--
<i>Cichorium endivia</i>	Leaf	0.2	3.2	-1.1565669736572484	--
<i>Citrus reticulata</i>	Fruit	1.0	5.0	-0.538913394725687	USDA's Ag Handbook 8 and sequelae)
<i>Citrus sinensis</i>	Fruit	1.0	5.0	-0.538913394725687	USDA's Ag Handbook 8 and sequelae)
<i>Corchorus olitorius</i>	Leaf	6.0	50.0	3.28009977749246	--
<i>Corylus avellana</i>	Seed		6.0	0.4816271555892012	USDA's Ag Handbook 8 and sequelae)
<i>Cucumis sativus</i>	Fruit	0.5	13.0	0.805968517245724	--
<i>Cucumis melo</i>	Fruit	1.0	13.0	0.805968517245724	USDA's Ag Handbook 8 and sequelae)
<i>Cucurbita</i> spp	Fruit	1.0	18.0	1.6465197122278559	--
<i>Cynara cardunculus</i>	Flower	1.0	8.0	-1.0	USDA's Ag Handbook 8 and sequelae)
<i>Daucus carota</i>	Root	1.0	13.0	1.0084007731047206	--
<i>Erythroxylum coca</i>	Leaf		5.0	-0.9859259447569986	--
<i>Ficus carica</i>	Fruit	1.0	5.4	-0.471669299127116	USDA's Ag Handbook 8 and sequelae)
<i>Fragaria</i> spp	Fruit	0.6	7.0	-0.2026929167328342	USDA's Ag Handbook 8 and sequelae)
<i>Glycine max</i>	Seed	3.0	6.0	0.4816271555892012	--
<i>Ipomoea batatas</i>	Root	2.0	10.0	0.12441308239603659	--
<i>Juglans regia</i>	Seed	4.0	11.0	2.531104413415591	--
<i>Lactuca sativa</i>	Leaf	0.6	9.2	-0.587763543989749	--
<i>Lagenaria siceraria</i>	Fruit	0.4	9.0	0.13352756126001855	--
<i>Lens culinaris</i>	Seed	5.0	6.0	0.4816271555892012	USDA's Ag Handbook 8 and sequelae)
<i>Lens culinaris</i>	Sprout Seedling	2.0	6.6	-1.0000000000000007	USDA's Ag Handbook 8 and sequelae)
<i>Lepidium sativum</i>	Leaf	2.5	23.0	0.7204843442454993	--

Plant	Part	Low PPM	High PPM	StdDev	Reference
Lepidium meyenii	Root		11.0	0.41907564596559793	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.
Lycopersicon esculentum	Fruit	0.0	9.0	0.13352756126001855	--
Malpighia glabra	Fruit	0.09	1.04	-1.2046299411515353	--
Malus domestica	Fruit	1.0	3.0	-0.8751338727185397	--
Mangifera indica	Fruit	1.3	7.3	-0.15225984503390616	--
Mentha spicata	Leaf	1.5	10.0	-0.5119230867007493	--
Moringa oleifera	Shoot	12.0	56.0		USDA's Ag Handbook 8 and sequelae)
Moringa oleifera	Fruit	1.0	10.0	0.30163780025644493	USDA's Ag Handbook 8 and sequelae)
Murraya sp	Fruit	3.0	8.7	0.08309448956109051	--
Musa x paradisiaca	Fruit	3.0	22.5	2.403015787711775	USDA's Ag Handbook 8 and sequelae)
Nasturtium officinale	Herb	1.0	26.0		USDA's Ag Handbook 8 and sequelae)
Papaver somniferum	Seed	4.4	4.7	-0.05123693144565975	--
Pastinaca sativa	Root	0.9	4.4	-1.5256972735935068	--
Persea americana	Fruit		10.9	0.452937015353229	--
Petroselinum crispum	Plant	2.0	14.0	-1.0	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Phaseolus vulgaris	Fruit	0.74	7.6	-0.10182677333497814	USDA's Ag Handbook 8 and sequelae)
Phaseolus lunatus	Seed	2.0	7.2	0.9735016974675352	--
Phaseolus vulgaris	Seed	2.8	3.3	-0.6250905636370491	USDA's Ag Handbook 8 and sequelae)
Phoenix dactylifera	Fruit	2.0	3.0	-0.8751338727185397	USDA's Ag Handbook 8 and sequelae)
Pisum sativum	Fruit	1.6	16.0	1.3102992342350033	--
Pisum sativum	Seed	1.6	8.6	1.547355329658924	--
Portulaca oleracea	Plant				--
Prunus persica	Fruit	0.2	1.6	-1.1104882073135365	--
Prunus armeniaca	Fruit	0.5	4.0	-0.7070236337221133	USDA's Ag Handbook 8 and sequelae)

Plant	Part	Low PPM	High PPM	StdDev	Reference
Prunus dulcis	Seed		1.0	-1.5678501022371887	USDA's Ag Handbook 8 and sequelae)
Prunus domestica	Fruit	0.7	6.0	-0.3708031557292606	USDA's Ag Handbook 8 and sequelae)
Psidium guajava	Fruit	1.0	10.0	0.30163780025644493	USDA's Ag Handbook 8 and sequelae)
Psophocarpus tetragonolobus	Seed	1.1	8.7	1.5883448748154516	--
Punica granatum	Fruit	1.0	5.0	-0.538913394725687	USDA's Ag Handbook 8 and sequelae)
Pyrus communis	Fruit	0.1	1.1	-1.1945433268117496	--
Raphanus sativus	Root	0.7	14.5	1.4503946184590628	--
Ribes nigrum	Fruit	1.0	4.0	-0.7070236337221133	USDA's Ag Handbook 8 and sequelae)
Ribes uva-crispa	Fruit	1.0	7.0	-0.2026929167328342	--
Ribes rubrum	Fruit	1.0	4.0	-0.7070236337221133	--
Rosmarinus officinalis	Leaf	3.4	10.0	-0.5119230867007493	USDA's Ag Handbook 8 and sequelae)
Rubus idaeus	Fruit	0.5	4.3	-0.6565905620231853	Revised USDA data received 1993.
Secale cereale	Seed		3.0	-0.7480591991066328	USDA's Ag Handbook 8 and sequelae)
Solanum melongena	Fruit	0.9	11.6	0.5706141826507274	--
Solanum tuberosum	Tuber	2.5	12.5		--
Spinacia oleracea	Plant	1.9	24.0	1.0	USDA's Ag Handbook 8 and sequelae)
Vaccinium corymbosum	Fruit	0.3	2.5	-0.9591889922167529	--
Vaccinium macrocarpon	Fruit	0.6	5.4	-0.471669299127116	USDA's Ag Handbook 8 and sequelae)
Vigna unguiculata	Seed	0.67	4.0	-0.3381637475413548	USDA's Ag Handbook 8 and sequelae)
Vigna radiata	Seed	3.7	4.3	-0.2151951120717711	USDA's Ag Handbook 8 and sequelae)
Vigna unguiculata	Seed	3.7	4.0	-0.3381637475413548	USDA's Ag Handbook 8 and sequelae)
Vigna radiata	Sprout Seedling	0.8	11.0	0.9999999999999998	USDA's Ag Handbook 8 and sequelae)
Vitis vinifera	Fruit	1.0	6.0	-0.3708031557292606	--
Zea mays	Seed	1.0	3.0	-0.7480591991066328	--
Zingiber officinale	Rhizome	1.6	8.7		--

Plant	Part	Low PPM	High PPM	StdDev	Reference
Zingiber officinale	Root	1.6	8.7	-0.2586482502443934	USDA's Ag Handbook 8 and sequelae)