

Dr. Duke's Phytochemical and Ethnobotanical Databases

List of Plants for STIGMASTANOL

Plant	Part	Low PPM	High PPM	StdDev	Reference
Ananas comosus	Leaf				Wealth of India.
Avena sativa	Seed				--
Avena sativa	Leaf				--
Calendula officinalis	Sprout Seedling				--
Coix lacryma-jobi	Plant				--
Moringa oleifera	Seed				--
Nigella sativa	Seed Oil				--
Piper methysticum	Rhizome				--
Tilia sp.	Wood				--
Valeriana officinalis	Plant				Lokar, L. C., Martini, F. 1997. Chemotaxonomic Investigations on the Genus Valeriana L. in the Northeastern Italy and in Tuscany. I. Phytosterols. Dept. of Biology, University of Trieste. Allionia 35: 103-115.