

**Dr. Duke's Phytochemical and Ethnobotanical Databases**

**List of Plants for STEROIDS**

Plant	Part	Low PPM	High PPM	StdDev	Reference
Aloe vera	Plant				--
Cucurbita pepo	Seed		10000.0	1.0	Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.
Paris polyphylla	Rhizome				--
Pluchea carolinensis	Plant				Tramil
Schisandra chinensis	Seed		1000.0	-1.0	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Stellaria media	Plant				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.