

Dr. Duke's Phytochemical and Ethnobotanical Databases

List of Plants for STARCH

Plant	Part	Low PPM	High PPM	StdDev	Reference
Durio zibethinus	Fruit	80000.0	2857000.0	3.9069455904469006	Morton, J.F., Major Medicinal Plants. 1977. Atlas of Medicinal Plants of Middle America. Bahamas to Yucatan. 1981.
Terminalia bellirica	Leaf	99800.0	127000.0	2.4401501282208553	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Manihot esculenta	Root	280000.0	828400.0	2.144576034243884	--
Xanthosoma sagittifolium	Root	257000.0	805640.0	2.049366336385531	--
Triticum aestivum	Seed	542000.0	800000.0	1.9835674339821459	--
Coix lacryma-jobi	Seed	500000.0	790000.0	1.9430732029759523	--
Ulmus rubra	Bark	13120.0	210000.0	1.8603586442275013	--
Amorphophallus campanulatus	Root	67200.0	747747.0	1.807188171266305	--
Dioscorea alata	Root	159000.0	743000.0	1.7873305071303822	--
Oryza sativa	Seed	722000.0	749000.0	1.7770468558505592	--
Alocasia macrorrhiza	Root	215000.0	723900.0	1.7074313318626086	--
Mangifera indica	Seed		728000.0	1.6920089707375527	--
Maranta arundinacea	Rhizome	250000.0	695000.0	1.655042877754222	--
Psoralea esculenta	Root		698400.0	1.6007596580757903	Izadoost, M. & Robinson, T., Synergism & antagonism in the pharmacology of alkaloidal plants, pp 137-58 in Craker, L. & Simon, J., eds., Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture & Pharmacology, v. 2, 1987, 255pp.
Perideridia gairdneri	Root		693000.0	1.5781703624503465	Izadoost, M. & Robinson, T., Synergism & antagonism in the pharmacology of alkaloidal plants, pp 137-58 in Craker, L. & Simon, J., eds., Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture & Pharmacology, v. 2, 1987, 255pp.
Ginkgo biloba	Seed	407400.0	680000.0	1.497636661907824	--
Rumex hymenosepalus	Plant	250000.0	400000.0	1.4821573939836963	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses

Plant	Part	Low PPM	High PPM	StdDev	Reference
Fagopyrum esculentum	Seed		670000.0	1.4571424309016308	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Cyrtosperma chamissonis	Root	135000.0	655340.0	1.4206309414773437	--
Dioscorea bulbifera	Tuber		800000.0	1.411655513139338	--
Solanum tuberosum	Tuber	150000.0	800000.0	1.411655513139338	--
Hordeum vulgare	Seed		620000.0	1.2546712758706633	--
Zingiber officinale	Root	35000.0	600000.0	1.18913249334548	--
Avena sativa	Seed	500000.0	600000.0	1.1736828138582762	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Aesculus hippocastanum	Seed	300000.0	600000.0	1.1736828138582762	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Castanea sativa	Seed	450000.0	580000.0	1.0926943518458894	--
Ananas comosus	Stem	100000.0	150000.0	1.0	Wealth of India.
Cucurbita foetidissima	Root	259000.0	550000.0	0.9799723486654444	--
Pinellia ternata	Tuber		690000.0	0.9475041199740651	--
Panax quinquefolius	Plant	80000.0	320000.0	0.9009192002645995	--
Nelumbo nucifera	Rhizome	92500.0	570988.0	0.8675764759039429	--
Physostigma venenosum	Seed	480000.0	500000.0	0.7687405037963416	--
Curcuma longa	Rhizome	300000.0	550000.0	0.7343043341593242	--
Pisum sativum	Seed	329000.0	434000.0	0.5014785791554647	--
Piper methysticum	Root		430000.0	0.47798800143335857	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Curcuma zedoaria	Rhizome		500000.0	0.41680828464384206	--
Iris x germanica	Rhizome	200000.0	500000.0	0.41680828464384206	--
Zingiber officinale	Rhizome	123000.0	500000.0	0.41680828464384206	--

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Crotalaria juncea</i>	Seed		411000.0	0.40834184784121963	--
<i>Piper nigrum</i>	Fruit	280000.0	565000.0	0.4063516312545475	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Turnera diffusa</i>	Leaf	10500.0	50000.0	0.38191039251765546	--
<i>Vigna unguiculata</i>	Seed	390000.0	400000.0	0.3637981937344068	--
<i>Aframomum melegueta</i>	Seed	220000.0	400000.0	0.3637981937344068	Wealth of India.
<i>Elettaria cardamomum</i>	Seed	200000.0	400000.0	0.3637981937344068	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Vigna unguiculata</i>	Seed	390000.0	400000.0	0.3637981937344068	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Pachyrhizus erosus</i>	Tuber	97200.0	551645.0	0.36370715632514383	--
<i>Pueraria montana</i>	Root	130000.0	400000.0	0.35249191462533713	--
<i>Cephaelis ipecacuanha</i>	Root	300000.0	400000.0	0.35249191462533713	--
<i>Althaea officinalis</i>	Root	39960.0	370000.0	0.2269958278173157	--
<i>Simaba cedron</i>	Seed		360000.0	0.2018212697096329	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Jateorhiza palmata</i>	Root	300000.0	350000.0	0.1433317699453014	--
<i>Cola acuminata</i>	Seed		340000.0	0.12083280769724597	--
<i>Pteridium aquilinum</i>	Rhizome		450000.0	0.09931223512836002	--
<i>Ceratonia siliqua</i>	Fruit		350000.0	0.0779800338608496	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Berberis vulgaris</i>	Bark		90000.0	0.06580046651608526	--
<i>Myristica fragrans</i>	Seed		300000.0	-0.04114411632752793	Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Lens culinaris</i>	Seed		285000.0	-0.10188546283681814	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Piper betel</i>	Leaf	10000.0	31000.0	-0.12596694486365365	--
<i>Phoenix dactylifera</i>	Fruit		206000.0	-0.14195257090516208	Abstract (See species file)
<i>Ananas comosus</i>	Leaf		30000.0	-0.15269733104161728	Wealth of India.
<i>Vigna aconitifolia</i>	Seed		266000.0	-0.17882450174858575	--
<i>Rosa canina</i>	Fruit	33660.0	180000.0	-0.18166262454346976	--
<i>Crataegus laevigata</i>	Fruit	41850.0	180000.0	-0.18166262454346976	--
<i>Crataegus rhipidophylla</i>	Fruit	150000.0	180000.0	-0.18166262454346976	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
<i>Prosopis juliflora</i>	Fruit		163600.0	-0.20671050453071	--
<i>Acorus calamus</i>	Rhizome	250000.0	400000.0	-0.21818381438712206	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
<i>Curcuma xanthorrhiza</i>	Rhizome	300000.0	400000.0	-0.21818381438712206	--
<i>Colocasia esculenta</i>	Root	245000.0	262000.0	-0.2247900846915615	--
<i>Cyphomandra betacea</i>	Fruit	10000.0	140000.0	-0.2427550147562508	--
<i>Cycas revoluta</i>	Seed	68000.0	243700.0	-0.2691266368923972	--
<i>Smilax officinalis</i>	Root	52500.0	250000.0	-0.2749885194147701	--
<i>Arracacia xanthorrhiza</i>	Root	100000.0	250000.0	-0.2749885194147701	--
<i>Smilax spp</i>	Root	52500.0	250000.0	-0.2749885194147701	--
<i>Aconitum napellus</i>	Root		250000.0	-0.2749885194147701	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Eleocharis dulcis</i>	Tuber	70000.0	400000.0	-0.2761677347343818	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
<i>Coriandrum sativum</i>	Fruit		100000.0	-0.30384740496903184	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

Plant	Part	Low PPM	High PPM	StdDev	Reference
Manilkara zapota	Fruit	29800.0	64000.0	-0.3588305561605348	Morton, J.F., Major Medicinal Plants. 1977. Atlas of Medicinal Plants of Middle America. Bahamas to Yucatan. 1981.
Teucrium montanum	Leaf		22000.0	-0.3665404204653262	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Myrica cerifera	Bark	13080.0	60000.0	-0.3828390779117685	--
Carum carvi	Fruit		45000.0	-0.3878494415116057	--
Armoracia rusticana	Root	39600.0	220000.0	-0.40048460622279153	--
Bactris gasipaes	Seed		208000.0	-0.4136910415845079	Morton, J.F., Major Medicinal Plants. 1977. Atlas of Medicinal Plants of Middle America. Bahamas to Yucatan. 1981.
Nicotiana tabacum	Leaf	10000.0	20000.0	-0.4200011928212534	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Musa x paradisiaca	Fruit	7000.0	17500.0	-0.4298504597828927	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Ribes uva-crispa	Fruit		15000.0	-0.4336687341711915	--
Rauvolfia serpentina	Seed	126000.0	203000.0	-0.43393815708760464	--
Lycopersicon esculentum	Fruit	120.0	10000.0	-0.44130528294778915	--
Phyllanthus emblica	Fruit	1800.0	8910.0	-0.4429700505810874	--
Sesamum indicum	Seed	150000.0	200000.0	-0.44608642638946266	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Ananas comosus	Fruit		19.0	-0.4565493616156333	--
Viburnum prunifolium	Bark		55000.0	-0.4576123353164109	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Ipomoea batatas	Root	118000.0	201000.0	-0.4799654612012051	--

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Paeonia officinalis</i>	Root	140000.0	200000.0	-0.48414866409480584	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Glycyrrhiza glabra</i>	Root	7850.0	200000.0	-0.48414866409480584	--
<i>Dioscorea villosa</i>	Root	48000.0	200000.0	-0.48414866409480584	--
<i>Aegle marmelos</i>	Seed		175000.0	-0.5473220039049463	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Stellaria media</i>	Plant	9960.0	120000.0	-0.5521762840331416	--
<i>Hydrastis canadensis</i>	Root	27700.0	180000.0	-0.5678127219668201	--
<i>Costus speciosus</i>	Rhizome		333333.0	-0.6415139970480945	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Trigonella foenum-graecum</i>	Seed	19500.0	150000.0	-0.6485575814204301	--
<i>Abelmoschus moschatus</i>	Seed	133500.0	150000.0	-0.6485575814204301	Wealth of India.
<i>Gentiana lutea</i>	Root	35200.0	160000.0	-0.6514767798388345	--
<i>Rheum officinale</i>	Root	150000.0	160000.0	-0.6514767798388345	--
<i>Bletilla striata</i>	Tuber		304800.0	-0.677869667728327	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
<i>Pueraria pseudohirsuta</i>	Root	100000.0	150000.0	-0.6933088087748416	--
<i>Calathea allouia</i>	Root	130000.0	150000.0	-0.6933088087748416	--
<i>Angelica sinensis</i>	Root	33000.0	150000.0	-0.6933088087748416	--
<i>Psidium guajava</i>	Seed	130000.0	132000.0	-0.7214471972315784	--
<i>Caulophyllum thalictroides</i>	Root	15400.0	140000.0	-0.7351408377108487	--
<i>Hibiscus sabdariffa</i>	Seed		111000.0	-0.8064850823445846	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Echinacea purpurea</i>	Root	30120.0	120000.0	-0.818804895582863	--
<i>Parthenium integrifolium</i>	Root	19200.0	120000.0	-0.818804895582863	--
<i>Ruscus aculeatus</i>	Root	36240.0	120000.0	-0.818804895582863	--

Plant	Part	Low PPM	High PPM	StdDev	Reference
Panax ginseng	Root	25440.0	120000.0	-0.818804895582863	--
Arctium lappa	Root	28200.0	120000.0	-0.818804895582863	--
Camellia sinensis	Leaf		5000.0	-0.820956985490708	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Cnicus benedictus	Plant	10640.0	80000.0	-0.8427953808926898	--
Helianthus tuberosus	Tuber		262600.0	-0.8559350203790045	Izadoost, M. & Robinson, T., Synergism & antagonism in the pharmacology of alkaloidal plants, pp 137-58 in Craker, L. & Simon, J., eds., Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture & Pharmacology, v. 2, 1987, 255pp.
Theobroma cacao	Seed	50000.0	90000.0	-0.891522967457591	--
Abelmoschus esculentus	Seed		89200.0	-0.8947625059380864	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Colocasia esculenta	Leaf		700.0	-0.9358976460559516	--
Cyperus rotundus	Root		92000.0	-0.9359345766036831	--
Allium sativum var. sativum	Root	29600.0	80000.0	-0.9861330113268916	--
Cimicifuga racemosa	Root	16800.0	80000.0	-0.9861330113268916	--
Medicago sativa	Plant	11280.0	60000.0	-0.988104929322464	--
Musa x paradisiaca	Stem		50000.0	-1.0	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Paullinia cupana	Seed	50000.0	60000.0	-1.0130056604761712	Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.
Pimpinella anisum	Seed		50000.0	-1.0534998914823648	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Carum carvi	Seed		45000.0	-1.0737470069854615	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Colchicum autumnale	Tuber		210000.0	-1.0778837774743986	--

Plant	Part	Low PPM	High PPM	StdDev	Reference
Brunfelsia uniflorus	Bark		13000.0	-1.0857076975154065	--
Linum usitatissimum	Seed	2000.0	39000.0	-1.0980435455891777	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Prunus persica	Seed		36000.0	-1.1101918148910357	--
Melilotus alba	Seed		30000.0	-1.1344883534947519	--
Alpinia officinarum	Rhizome	200000.0	250000.0	-1.1706719629335678	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Daucus carota	Root	14800.0	25200.0	-1.2153725298962108	--
Glycine max	Seed		10000.0	-1.2154768155071387	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Arisaema triphyllum	Tuber	100000.0	170000.0	-1.2466661022617707	--
Senna obtusifolia	Seed		2000.0	-1.2478722003120934	--
Phytelephas aequatorialis	Seed		1.0	-1.2559669970902316	KOZIOL & PEDERSEN. 1993. PHYTELEPHAS AEQUATORIALIS(AREACEAE) IN HUMAN AND ANIMAL NUTRITION. ECON. BOT. 47:401-307.
Punica granatum	Seed		0.0	-1.2559710465133322	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Stellaria media	Root		15300.0	-1.2567862385428579	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Polypodium vulgare	Rhizome		63000.0	-2.358107188121471	--
Theobroma cacao	Hb		60000.0		--
Astragalus gummifer	Gum	10000.0	30000.0		--
Levisticum officinale	Root				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Tulipa gesneriana</i>	Bulb				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Pistacia lentiscus</i>	Seed				CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
<i>Polygonum multiflorum</i>	Root				Chemical Constituents of Oriental Herbs (3 diff. books)
<i>Cypripedium pubescens</i>	Root				--
<i>Iris versicolor</i>	Rhizome				--
<i>Zea mays</i>	Seed				--
<i>Myristica fragrans</i>	Aril		317000.0		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Phytelephas aequatorialis</i>	Mesocarp	16900.0	129020.0		KOZIOL & PEDERSEN. 1993. PHYTELEPHAS AEQUATORIALIS(ARECACEAE) IN HUMAN AND ANIMAL NUTRITION. ECON. BOT. 47:401-307.
<i>Uncaria catechu</i>	Plant				--
<i>Crocus sativus</i>	Silk Stigma Style	119900.0	130300.0		Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.
<i>Lycoris radiata</i>	Bulb	200000.0	551000.0		--
<i>Melia azedarach</i>	Fruit				--
<i>Andira inermis</i>	Bark				--
<i>Paeonia moutan</i>	Root Bark				--
<i>Gloriosa superba</i>	Bulb				--
<i>Lindera benzoin</i>	Plant				--
<i>Carthamus tinctorius</i>	Flower	14000.0	100000.0		--
<i>Turnera diffusa</i>	Branches		60000.0		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Atropa bella-donna</i>	Root				--
<i>Salix alba</i>	Bark				Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
<i>Sanguinaria canadensis</i>	Plant				--
<i>Paeonia suffruticosa</i>	Root Bark				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Cimicifuga racemosa</i>	Plant				Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
<i>Glycine max</i>	Tissue Culture				--
<i>Caladium bicolor</i>	Tuber				--
<i>Drynaria fortunei</i>	Rhizome				--
<i>Hydnocarpus wightiana</i>	Fruit				--
<i>Oenothera biennis</i>	Seed				--
<i>Myrica cerifera</i>	Plant				--
<i>Krameria triandra</i>	Root				--
<i>Chimaphila umbellata</i>	Plant				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Glycyrrhiza glabra</i>	Shoot		15000.0		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Phytolacca americana</i>	Root				--
<i>Cinchona spp</i>	Bark				Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.
<i>Ipomoea purga</i>	Tuber				--
<i>Jatropha curcas</i>	Seed				--

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Withania somnifera</i>	Root				ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Actaea racemosa</i>	Plant				Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
<i>Hydrangea arborescens</i>	Root				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
<i>Panax ginseng</i>	Rhizome				--
<i>Quillaja saponaria</i>	Bark				--
<i>Sassafras albidum</i>	Plant				Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
<i>Castanospermum australe</i>	Seed				ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Viscum album</i>	Stem				--
<i>Alpinia galanga</i>	Rhizome				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Lolium temulentum</i>	Seed				--