

**Dr. Duke's Phytochemical and Ethnobotanical Databases**

**List of Plants for SPINASTEROL**

Plant	Part	Low PPM	High PPM	StdDev	Reference
Acacia melanoxylon	Wood				--
Aesculus hippocastanum	Seed				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Bryonia alba	Root				--
Camellia sinensis	Seed Oil				--
Chelidonium majus	Root				--
Chenopodium ambrosioides	Plant				--
Citrullus lanatus	Seed				--
Cucurbita pepo	Seed				--
Ginkgo biloba	Plant				J.S. Glasby Dict.Pls Containing 2ndary Metabolite. 1991.
Kalmia latifolia	Plant				J.S. Glasby Dict.Pls Containing 2ndary Metabolite. 1991.
Spinacia oleracea	Leaf				--
Spinacia oleracea	Seed				--