

Dr. Duke's Phytochemical and Ethnobotanical Databases

List of Plants for PHYTOSTEROL

Plant	Part	Low PPM	High PPM	StdDev	Reference
Coleus blumei	Plant				CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Eruca sativa	Seed		560.0		--
Oenothera biennis	Plant				--
Pimenta dioica	Fruit	610.0	665.0		Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Zanthoxylum clava-herculis	Bark				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.