

Dr. Duke's Phytochemical and Ethnobotanical Databases

List of Plants for PHYTOSTEROL

Plant	Part	Low PPM	High PPM	StdDev	Reference
Pimenta dioica	Fruit	610.0	665.0		Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Eruca sativa	Seed		560.0		--
Coleus blumei	Plant				CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Oenothera biennis	Plant				--
Zanthoxylum clava-herculis	Bark				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.