

Dr. Duke's Phytochemical and Ethnobotanical Databases

List of Plants for PHOSPHOLIPIDS

Plant	Part	Low PPM	High PPM	StdDev	Reference
Brassica juncea	Plant	5588.0	60740.0	1.2840854547734128	--
Abelmoschus manihot	Plant	5310.0	45775.0	0.4907168838238263	--
Sechium edule	Leaf	6728.0	38010.0	1.0	--
Cucurbita maxima	Plant	5338.0	37860.0	0.0711036369767847	--
Polygonum multiflorum	Plant		34900.0	-0.08582058420669515	--
Fagopyrum esculentum	Seed		34000.0	1.962547079813769	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Coix lacryma-jobi	Seed		18300.0	0.6216419226853153	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Annona cherimola	Seed	4400.0	5700.0	-0.4544985218891125	--
Linum usitatissimum	Seed	360.0	4050.0	-0.5954216753452876	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Theobroma cacao	Seed	255.0	3319.0	-0.6578549027249627	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Theobroma cacao	Plant	255.0	3319.0	-1.7600853913673296	--
Brassica oleracea var. capitata l.	Leaf	80.0	2400.0	-1.0	--
Sesamum indicum	Seed	111.0	760.0	-0.8764139025397214	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Schisandra chinensis	Fruit				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Punica granatum	Seed				Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Cucurbita pepo	Seed				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

Plant	Part	Low PPM	High PPM	StdDev	Reference
Zea mays	Seed				--