

Dr. Duke's Phytochemical and Ethnobotanical Databases

List of Plants for PHOSPHOLIPIDS

Plant	Part	Low PPM	High PPM	StdDev	Reference
Sechium edule	Leaf	6728.0	38010.0	1.0	--
Brassica juncea	Plant	5588.0	60740.0	1.2840854547734128	--
Cucurbita maxima	Plant	5338.0	37860.0	0.0711036369767847	--
Abelmoschus manihot	Plant	5310.0	45775.0	0.4907168838238263	--
Annona cherimola	Seed	4400.0	5700.0	-0.4544985218891125	--
Linum usitatissimum	Seed	360.0	4050.0	-0.5954216753452876	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Theobroma cacao	Seed	255.0	3319.0	-0.6578549027249627	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Theobroma cacao	Plant	255.0	3319.0	-1.7600853913673296	--
Sesamum indicum	Seed	111.0	760.0	-0.8764139025397214	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Brassica oleracea var. capitata l.	Leaf	80.0	2400.0	-1.0	--
Schisandra chinensis	Fruit				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Fagopyrum esculentum	Seed		34000.0	1.962547079813769	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Coix lacryma-jobi	Seed		18300.0	0.6216419226853153	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Punica granatum	Seed				Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Cucurbita pepo	Seed				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Polygonum multiflorum	Plant		34900.0	-0.08582058420669515	--

Plant	Part	Low PPM	High PPM	StdDev	Reference
Zea mays	Seed				--