

Dr. Duke's Phytochemical and Ethnobotanical Databases**List of Plants for PARASPIDIN**

Plant	Part	Low PPM	High PPM	StdDev	Reference
Dryopteris filix-mas	Rhizome				Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Dryopteris marginalis	Plant				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.