

Dr. Duke's Phytochemical and Ethnobotanical Databases

List of Plants for LYSOPHOSPHATIDYLCHOLINE

Plant	Part	Low PPM	High PPM	StdDev	Reference
Fagopyrum esculentum	Seed				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Angelica sinensis	Root				Jim Duke's personal files.
Coix lacryma-jobi	Seed				Hutchings, A, Scott, AH, Lewis, G, and Cunningham, A. 1996. Zulu Medicinal Plants. An inventory. University of Natal Press, Pietermaritzburg. 450 pp.
Elettaria cardamomum	Seed				--
Ficus carica	Fruit				Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Urtica dioica	Plant				Antonopoulou, S., Demopoulos, C. A., Andrikopoulos, N. K. 1996. Lipid separation from Urtica dioica: Existence of platelet-activating factor. Journal of Agricultural and Food Chemistry 44(10): 3052-3056.
Theobroma cacao	Seed				ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Urtica dioica	Root				Jim Duke's personal files.
Panax ginseng	Root				--