

Dr. Duke's Phytochemical and Ethnobotanical Databases

List of Activities for TRYPTOPHAN

Activity	Reference
Analgesic	Martindale's 29th
Antianxiety	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidementia	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidepressant	Martindale's 29th
Antidyskinetic	Martindale's 29th
Antihypertensive	J. Agri. & Food Chemistry, 36: 1079.
Antiinsomniac	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antimanic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimenopausal	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antimigraine	Martindale's 29th
Antioxidant	--
Antiparkinsonian	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiphenylketonuric	Martindale's 29th
Antiprostaglandin	--
Antipsychotic	Martindale's 29th
Antirheumatic	Martindale's 29th
Antiscoliotic	--
Carcinogenic	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hypnotic	Martindale's 29th
Hypoglycemic	Economic & Medicinal Plant Research, 6: 157.
Hypotensive	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Insulinase-Inhibitor	Economic & Medicinal Plant Research, 6: 157.
Insulinotonic	J. Agri. & Food Chemistry, 36: 1079.
Monoamine-Precursor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prolactinogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Activity	Reference
Sedative	--
Serotonergic	Martindale's 28th
Tumor-Promoter	J. Agri. & Food Chemistry, 36: 1079.