

Dr. Duke's Phytochemical and Ethnobotanical Databases

List of Plants for Interleukin-6-Inhibitor

| Plants with Activity Synergy | Chemical Count | Total PPM |
|---|----------------|-----------|
| <i>Abies spectabilis</i> | 1 | |
| <i>Abies balsamea</i> | 1 | 3100.0 |
| <i>Abies alba</i> | 1 | 2394.0 |
| <i>Acacia farnesiana</i> | 1 | |
| <i>Achillea millefolium</i> | 3 | 340.0 |
| <i>Acinos suaveolens</i> | 3 | |
| <i>Acinos alpinus</i> | 1 | |
| <i>Acorus calamus</i> | 2 | 5800.0 |
| <i>Aeolanthus myriantha</i> | 1 | |
| <i>Aframomum melegueta</i> | 1 | |
| <i>Agastache urticifolia</i> | 1 | 4928.0 |
| <i>Agastache nepetoides</i> | 1 | |
| <i>Agastache foeniculum</i> | 1 | |
| <i>Ageratum conyzoides</i> | 1 | |
| <i>Agrimonia eupatoria</i> | 1 | |
| <i>Allium sativum</i> var. <i>sativum</i> | 1 | |
| <i>Aloysia citrodora</i> | 2 | 2100.0 |
| <i>Alpinia officinarum</i> | 1 | |
| <i>Alpinia galanga</i> | 2 | |
| <i>Amomum compactum</i> | 2 | |
| <i>Anacardium occidentale</i> | 1 | |
| <i>Ananas comosus</i> | 1 | |
| <i>Anethum graveolens</i> | 3 | |
| <i>Angelica archangelica</i> | 2 | 2640.0 |
| <i>Anisochilus carnosus</i> | 1 | |
| <i>Annona squamosa</i> | 1 | |
| <i>Apium graveolens</i> | 3 | 1438421.0 |

| Plants with Activity Synergy | Chemical Count | Total PPM |
|--|----------------|-----------|
| <i>Araucaria bidwillii</i> | 1 | |
| <i>Armoracia rusticana</i> | 1 | |
| <i>Artemisia salsoloides</i> | 1 | |
| <i>Artemisia dracunculus</i> | 2 | |
| <i>Artemisia annua</i> | 3 | |
| <i>Asarum canadense</i> | 2 | |
| <i>Asiasarum sieboldii</i> | 1 | |
| <i>Asimina triloba</i> | 1 | 1.096 |
| <i>Avena sativa</i> | 1 | |
| <i>Ballota nigra</i> | 1 | |
| <i>Boswellia sacra</i> | 1 | |
| <i>Brassica oleracea</i> var. <i>capitata</i> l. | 1 | |
| <i>Bursera delpechiana</i> | 2 | 21120.0 |
| <i>Calamintha nepeta</i> | 2 | |
| <i>Callicarpa americana</i> | 2 | |
| <i>Camellia sinensis</i> | 3 | 2000.0 |
| <i>Capsicum frutescens</i> | 2 | |
| <i>Capsicum annuum</i> | 2 | |
| <i>Carthamus tinctorius</i> | 1 | 0.04 |
| <i>Carum carvi</i> | 2 | 61200.0 |
| <i>Centaurea cyanus</i> | 1 | |
| <i>Centaurea calcitrapa</i> | 1 | |
| <i>Centella asiatica</i> | 2 | |
| <i>Chamaemelum nobile</i> | 2 | |
| <i>Chenopodium ambrosioides</i> | 1 | |
| <i>Chrysanthemum parthenium</i> | 2 | |
| <i>Chrysanthemum balsamita</i> | 1 | |

| Plants with Activity Synergy | Chemical Count | Total PPM |
|--------------------------------|----------------|-----------|
| <i>Cichorium intybus</i> | 1 | |
| <i>Cinnamomum verum</i> | 2 | 896.0 |
| <i>Cinnamomum camphora</i> | 2 | 1232.0 |
| <i>Cinnamomum aromaticum</i> | 2 | |
| <i>Cistus ladaniferus</i> | 2 | 5740.0 |
| <i>Citrullus colocynthis</i> | 1 | |
| <i>Citrus sinensis</i> | 2 | 20011.2 |
| <i>Citrus reticulata</i> | 2 | 18912.0 |
| <i>Citrus paradisi</i> | 2 | |
| <i>Citrus mitis</i> | 2 | |
| <i>Citrus limon</i> | 2 | |
| <i>Citrus aurantium</i> | 2 | 17740.0 |
| <i>Citrus aurantiifolia</i> | 2 | 16180.0 |
| <i>Cleonia lusitanica</i> | 2 | |
| <i>Cocos nucifera</i> | 2 | |
| <i>Colchicum autumnale</i> | 1 | |
| <i>Collinsonia canadensis</i> | 1 | |
| <i>Commiphora myrrha</i> | 1 | |
| <i>Conyza canadensis</i> | 1 | |
| <i>Coriandrum sativum</i> | 3 | 2564.0 |
| <i>Coridothymus capitatus</i> | 2 | |
| <i>Crataegus rhipidophylla</i> | 1 | |
| <i>Crataegus monogyna</i> | 1 | |
| <i>Crataegus laevigata</i> | 1 | |
| <i>Crocus sativus</i> | 1 | |
| <i>Cuminum cyminum</i> | 2 | 1942.0 |
| <i>Cunila origanoides</i> | 1 | 280.0 |

| Plants with Activity Synergy | Chemical Count | Total PPM |
|------------------------------|----------------|-----------|
| Curcuma longa | 2 | |
| Cymbopogon parkeri | 2 | 1408.0 |
| Cymbopogon nardus | 1 | |
| Cymbopogon martinii | 1 | |
| Cymbopogon flexuosus | 1 | |
| Cymbopogon citratus | 2 | |
| Cynara cardunculus | 1 | |
| Daphne genkwa | 1 | |
| Daucus carota | 3 | 3408.0 |
| Dictamnus hispanicus | 1 | |
| Dictamnus albus | 2 | |
| Digitalis purpurea | 1 | |
| Dracocephalum thymiflora | 2 | 116.0 |
| Echinacea spp | 2 | |
| Echinacea angustifolia | 1 | |
| Elettaria cardamomum | 2 | 27562.0 |
| Elsholtzia polystachya | 2 | |
| Elsholtzia nipponica | 1 | |
| Elsholtzia eriostachya | 1 | |
| Elsholtzia blanda | 1 | |
| Ephedra sinica | 3 | |
| Equisetum arvense | 1 | |
| Eruca sativa | 1 | |
| Eucalyptus viridis | 2 | |
| Eucalyptus tetraptera | 2 | |
| Eucalyptus tereticornis | 2 | |
| Eucalyptus stoatei | 2 | |

| Plants with Activity Synergy | Chemical Count | Total PPM |
|------------------------------|----------------|-----------|
| Eucalyptus sparsa | 2 | |
| Eucalyptus sideroxylon | 2 | |
| Eucalyptus siderophloia | 2 | |
| Eucalyptus saligna | 2 | |
| Eucalyptus punctata | 2 | |
| Eucalyptus porosa | 2 | |
| Eucalyptus populnea | 2 | |
| Eucalyptus polyanthemos | 2 | |
| Eucalyptus paniculata | 1 | |
| Eucalyptus oviformis | 2 | |
| Eucalyptus odorata | 2 | |
| Eucalyptus ochrophloia | 2 | |
| Eucalyptus occidentalis | 2 | |
| Eucalyptus nova-anglica | 1 | |
| Eucalyptus moluccana | 2 | |
| Eucalyptus melliodora | 2 | |
| Eucalyptus melanophloia | 2 | |
| Eucalyptus maideni | 2 | |
| Eucalyptus maculata | 2 | |
| Eucalyptus leucoxylon | 2 | |
| Eucalyptus largisparsa | 2 | |
| Eucalyptus lansdowneana | 2 | |
| Eucalyptus intertexta | 2 | |
| Eucalyptus incrassata | 2 | |
| Eucalyptus globulus | 3 | |
| Eucalyptus forrestiana | 2 | |
| Eucalyptus fasciculosa | 2 | |

| Plants with Activity Synergy | Chemical Count | Total PPM |
|----------------------------------|----------------|-----------|
| <i>Eucalyptus erythrandra</i> | 2 | |
| <i>Eucalyptus dolichorhyncha</i> | 2 | |
| <i>Eucalyptus diversicolor</i> | 2 | |
| <i>Eucalyptus desquamata</i> | 2 | |
| <i>Eucalyptus dealbata</i> | 2 | |
| <i>Eucalyptus cuprea</i> | 2 | |
| <i>Eucalyptus cladocalyx</i> | 2 | |
| <i>Eucalyptus citriodora</i> | 2 | 2840.0 |
| <i>Eucalyptus ceratocorys</i> | 2 | |
| <i>Eucalyptus camaldulensis</i> | 2 | |
| <i>Eucalyptus bridgesiana</i> | 2 | |
| <i>Eucalyptus brassiana</i> | 2 | |
| <i>Eucalyptus botryoides</i> | 2 | |
| <i>Eucalyptus bosistoana</i> | 2 | |
| <i>Eucalyptus blakelyi</i> | 2 | |
| <i>Eucalyptus behriana</i> | 2 | |
| <i>Eucalyptus astringens</i> | 2 | |
| <i>Eucalyptus angulosa</i> | 2 | |
| <i>Eucalyptus albens</i> | 2 | |
| <i>Euodia rutaecarpa</i> | 1 | |
| <i>Euphrasia officinalis</i> | 1 | |
| <i>Ferula gummosa</i> | 1 | |
| <i>Ficus carica</i> | 1 | |
| <i>Foeniculum vulgare</i> | 2 | 22452.0 |
| <i>Fragaria</i> spp | 1 | |
| <i>Ginkgo biloba</i> | 1 | |
| <i>Glechoma hederacea</i> | 3 | 26.0 |

| Plants with Activity Synergy | Chemical Count | Total PPM |
|------------------------------|----------------|-----------|
| Glycyrrhiza glabra | 2 | |
| Hedeoma reverchonii | 1 | 736.0 |
| Hedeoma pulegioides | 1 | 1140.0 |
| Hedeoma hispida | 1 | 72.0 |
| Hedeoma drummondii | 1 | 820.0 |
| Hedychium flavum | 1 | |
| Helianthus annuus | 2 | |
| Hesperis matronalis | 2 | |
| Hibiscus sabdariffa | 2 | |
| Humulus lupulus | 1 | |
| Hydnocarpus wightiana | 1 | |
| Hypericum perforatum | 2 | |
| Hyptis suaveolens | 2 | 1000.0 |
| Hyssopus officinalis | 2 | 1554.0 |
| Illicium verum | 2 | 10840.0 |
| Isanthus brachiatus | 2 | 44.0 |
| Jasminum officinale | 1 | 380.0 |
| Jatropha gossypifolia | 1 | |
| Juniperus virginiana | 1 | |
| Juniperus communis | 3 | 1900.0 |
| Lantana camara | 1 | |
| Laurus nobilis | 2 | 3760.0 |
| Lavandula x intermedia | 2 | 480.0 |
| Lavandula x hybrida | 2 | |
| Lavandula latifolia | 2 | 1012.0 |
| Lavandula angustifolia | 1 | |
| Leonotis leonurus | 1 | |

| Plants with Activity Synergy | Chemical Count | Total PPM |
|------------------------------|----------------|-----------|
| Leonurus cardiaca | 1 | 4.0 |
| Lepechinia calycina | 2 | 380.0 |
| Levisticum officinale | 2 | 320.0 |
| Lindera benzoin | 2 | |
| Linum usitatissimum | 1 | |
| Lippia alba | 1 | |
| Litsea glaucescens | 2 | |
| Lonicera japonica | 1 | |
| Lycopodium clavatum | 1 | |
| Lycopus virginicus | 1 | 52.0 |
| Lycopus uniflorus | 2 | 384.0 |
| Maclura pomifera | 1 | |
| Magnolia fargesii | 1 | |
| Magnolia denudata | 2 | |
| Malus domestica | 1 | |
| Mangifera indica | 1 | |
| Marrubium vulgare | 2 | |
| Matricaria recutita | 1 | |
| Medicago sativa | 1 | |
| Melaleuca viridiflora | 1 | |
| Melaleuca linariifolia | 1 | |
| Melaleuca leucadendra | 1 | |
| Melaleuca cajuputi | 1 | |
| Melaleuca alternifolia | 2 | |
| Melia azedarach | 1 | |
| Melissa officinalis | 2 | |
| Mentha x rotundifolia | 2 | 1000.0 |

| Plants with Activity Synergy | Chemical Count | Total PPM |
|---|----------------|-----------|
| <i>Mentha x piperita</i> | 1 | 640.0 |
| <i>Mentha spicata</i> | 3 | 18150.0 |
| <i>Mentha sp</i> | 1 | |
| <i>Mentha pulegium</i> | 2 | 4976.0 |
| <i>Mentha longifolia</i> | 2 | 6190.0 |
| <i>Mentha arvensis var. piperascens</i> | 1 | |
| <i>Mentha aquatica</i> | 2 | 1428.0 |
| <i>Micromeria varia</i> | 2 | |
| <i>Micromeria thymifolia</i> | 1 | |
| <i>Micromeria teneriffae</i> | 2 | |
| <i>Micromeria myrtifolia</i> | 2 | |
| <i>Micromeria juliana</i> | 2 | |
| <i>Micromeria fruticosa</i> | 2 | |
| <i>Micromeria croatica</i> | 1 | |
| <i>Micromeria congesta</i> | 2 | |
| <i>Minthostachys mollis</i> | 1 | |
| <i>Mitracarpus scaber</i> | 1 | |
| <i>Moldavica thymiflora</i> | 2 | |
| <i>Monarda russeliana</i> | 2 | 3812.0 |
| <i>Monarda punctata</i> | 2 | 14784.0 |
| <i>Monarda media</i> | 2 | 3360.0 |
| <i>Monarda lindheimeri</i> | 2 | 250.0 |
| <i>Monarda fistulosa</i> | 2 | 7806.0 |
| <i>Monarda didyma</i> | 2 | 3660.0 |
| <i>Monarda clinopodia</i> | 2 | 1442.0 |
| <i>Monarda citriodora</i> | 2 | 202.0 |
| <i>Morinda citrifolia</i> | 1 | |

| Plants with Activity Synergy | Chemical Count | Total PPM |
|------------------------------|----------------|-----------|
| Murraya koenigii | 2 | |
| Myrica cerifera | 1 | |
| Myristica fragrans | 2 | 30720.0 |
| Myrrhis odorata | 1 | |
| Myrtus communis | 2 | 1346.0 |
| Narcissus tazetta | 1 | 380.0 |
| Nepeta racemosa | 2 | |
| Nepeta cataria | 1 | |
| Ocimum tenuiflorum | 2 | |
| Ocimum kilimandscharicum | 2 | |
| Ocimum gratissimum | 2 | |
| Ocimum basilicum | 3 | 1432.0 |
| Olea europaea | 1 | |
| Ononis spinosa | 1 | |
| Origanum vulgare | 3 | 960.0 |
| Origanum syriacum | 2 | |
| Origanum sipyleum | 2 | |
| Origanum onites | 2 | 34.0 |
| Origanum minutiflorum | 2 | |
| Origanum majorana | 1 | 1813.0 |
| Panax ginseng | 1 | |
| Passiflora incarnata | 1 | |
| Pastinaca sativa | 1 | |
| Pelargonium citrosum | 2 | |
| Perilla frutescens | 2 | |
| Petroselinum crispum | 3 | 3021.4 |
| Peumus boldus | 2 | 1250.0 |

| Plants with Activity Synergy | Chemical Count | Total PPM |
|-----------------------------------|----------------|-----------|
| <i>Phaseolus vulgaris</i> | 1 | |
| <i>Phoenix dactylifera</i> | 1 | |
| <i>Phyllanthus niruri</i> | 1 | |
| <i>Pilocarpus microphyllus</i> | 1 | 100.0 |
| <i>Pilocarpus jaborandi</i> | 1 | 4700.0 |
| <i>Pimenta racemosa</i> | 2 | 14570.0 |
| <i>Pimenta dioica</i> | 2 | 43.0 |
| <i>Pimpinella anisum</i> | 3 | 920.0 |
| <i>Pinus sylvestris</i> | 1 | |
| <i>Piper nigrum</i> | 2 | |
| <i>Piper cubeba</i> | 2 | |
| <i>Piper auritum</i> | 1 | |
| <i>Plantago major</i> | 1 | |
| <i>Plectranthus incanus</i> | 1 | |
| <i>Pogostemon cablin</i> | 2 | |
| <i>Porophyllum ruderale</i> | 1 | |
| <i>Prosopis juliflora</i> | 1 | |
| <i>Prunus cerasus</i> | 1 | |
| <i>Psidium guajava</i> | 1 | |
| <i>Psoralea corylifolia</i> | 1 | |
| <i>Pueraria montana</i> | 1 | |
| <i>Punica granatum</i> | 1 | |
| <i>Pycnanthemum virginianum</i> | 2 | 30334.0 |
| <i>Pycnanthemum verticillatum</i> | 1 | 672.0 |
| <i>Pycnanthemum torreyi</i> | 1 | 120.0 |
| <i>Pycnanthemum tenuifolium</i> | 2 | 17600.0 |
| <i>Pycnanthemum setosum</i> | 1 | 2170.0 |

| Plants with Activity Synergy | Chemical Count | Total PPM |
|-------------------------------------|----------------|-----------|
| <i>Pycnanthemum pycnanthemoides</i> | 2 | 12992.0 |
| <i>Pycnanthemum pilosum</i> | 2 | 5320.0 |
| <i>Pycnanthemum muticum</i> | 1 | 1800.0 |
| <i>Pycnanthemum montanum</i> | 1 | 832.0 |
| <i>Pycnanthemum loomisii</i> | 2 | 8904.0 |
| <i>Pycnanthemum incanum</i> | 2 | 2432.0 |
| <i>Pycnanthemum curvipes</i> | 1 | 4646.0 |
| <i>Pycnanthemum clinopodioides</i> | 2 | 21648.0 |
| <i>Pycnanthemum californicum</i> | 2 | 288.0 |
| <i>Pycnanthemum beadleii</i> | 1 | 658.0 |
| <i>Pycnanthemum albescens</i> | 2 | 11718.0 |
| <i>Ravensara aromatica</i> | 1 | |
| <i>Rheum palmatum</i> | 1 | |
| <i>Ribes nigrum</i> | 2 | 14.0 |
| <i>Robinia pseudoacacia</i> | 1 | |
| <i>Rosmarinus x mendizabalii</i> | 2 | |
| <i>Rosmarinus x lavandulaceus</i> | 2 | |
| <i>Rosmarinus tomentosus</i> | 2 | |
| <i>Rosmarinus officinalis</i> | 3 | 6955.0 |
| <i>Rosmarinus eriocalyx</i> | 2 | |
| <i>Ruta graveolens</i> | 1 | |
| <i>Salix alba</i> | 1 | |
| <i>Salvia triloba</i> | 2 | 2880.0 |
| <i>Salvia sclarea</i> | 2 | 334.0 |
| <i>Salvia officinalis</i> | 3 | 6580.0 |
| <i>Salvia gilliesii</i> | 2 | |
| <i>Salvia dorisiana</i> | 2 | |

| Plants with Activity Synergy | Chemical Count | Total PPM |
|------------------------------|----------------|-----------|
| Salvia canariensis | 1 | |
| Santalum album | 1 | |
| Santolina chamaecyparissus | 2 | |
| Sassafras albidum | 1 | |
| Satureja thymbra | 2 | |
| Satureja subspicata | 2 | |
| Satureja parvifolia | 2 | |
| Satureja odora | 2 | |
| Satureja obovata | 2 | |
| Satureja montana | 3 | 4370.0 |
| Satureja hortensis | 2 | |
| Satureja grandiflora | 1 | |
| Satureja glabella | 1 | 100.0 |
| Satureja douglasii | 2 | 3094.0 |
| Satureja cuneifolia | 2 | |
| Satureja cilicica | 2 | |
| Scutellaria parvula | 1 | 72.0 |
| Scutellaria lateriflora | 2 | |
| Scutellaria galericulata | 2 | 26.0 |
| Scutellaria baicalensis | 1 | |
| Serenoa repens | 1 | |
| Sideritis scardica | 1 | |
| Sideritis pauli | 2 | |
| Sideritis mugronensis | 2 | |
| Sideritis germanicolpitana | 2 | |
| Sideritis athoa | 2 | |
| Silybum marianum | 1 | |

| Plants with Activity Synergy | Chemical Count | Total PPM |
|------------------------------|----------------|-----------|
| Stachys officinalis | 1 | |
| Stachys germanica | 2 | 48.0 |
| Stellaria media | 1 | |
| Stevia rebaudiana | 2 | |
| Tagetes minuta | 1 | |
| Tagetes lucida | 1 | |
| Tamarindus indica | 2 | |
| Tanacetum vulgare | 1 | |
| Tanacetum parthenium | 2 | |
| Telosma cordata | 1 | |
| Teucrium scorodonia | 2 | |
| Teucrium salviastrum | 2 | |
| Teucrium pseudoscorodonia | 2 | |
| Teucrium polium | 3 | |
| Teucrium oxylepis | 2 | |
| Teucrium micropodioides | 2 | |
| Teucrium kotschyanum | 2 | |
| Teucrium gnaphalodes | 2 | |
| Teucrium divaricatum | 2 | |
| Teucrium cyprium | 2 | |
| Teucrium asiaticum | 2 | |
| Teucrium arduini | 1 | |
| Thuja occidentalis | 1 | |
| Thymus zygis | 2 | |
| Thymus x citriodorus | 2 | |
| Thymus vulgaris | 3 | 23400.0 |
| Thymus serpyllum | 2 | 114.0 |

| Plants with Activity Synergy | Chemical Count | Total PPM |
|------------------------------|----------------|-----------|
| Thymus saturejoides | 2 | |
| Thymus riatarum | 2 | |
| Thymus orospedanus | 1 | 280.0 |
| Thymus mastichina | 2 | 2160.0 |
| Thymus longicaulis | 1 | |
| Thymus funkii | 2 | |
| Thymus cilicicus | 2 | |
| Thymus capitatus | 2 | 100.0 |
| Thymus broussonettii | 2 | |
| Tilia sp. | 1 | |
| Trachyspermum ammi | 1 | 4080.0 |
| Trichostemma dichotomum | 1 | |
| Trifolium pratense | 1 | |
| Trigonella foenum-graecum | 1 | |
| Triticum aestivum | 1 | |
| Umbellularia californica | 2 | 2240.0 |
| Vaccinium myrtillus | 2 | |
| Vaccinium macrocarpon | 1 | |
| Vaccinium corymbosum | 2 | 0.06 |
| Valeriana officinalis | 2 | |
| Vanilla planifolia | 1 | |
| Vetiveria zizanioides | 2 | |
| Vitex agnus-castus | 2 | |
| Vitis vinifera | 1 | |
| Zanthoxylum alatum | 1 | |
| Zea mays | 2 | |
| Zingiber officinale | 2 | 3100.0 |