

**Dr. Duke's Phytochemical and Ethnobotanical Databases**

**List of Plants for Thermogenic**

Plants with Activity Synergy	Chemical Count	Total PPM
Abies alba	1	
Acacia farnesiana	1	
Achillea millefolium	1	
Actaea racemosa	1	
Actaea cimicifuga	1	
Aframomum melegueta	2	
Agrimonia eupatoria	1	
Allium sativum var. sativum	1	
Althaea officinalis	1	
Anacardium occidentale	1	
Anethum graveolens	1	
Arachis hypogaea	1	36.0
Arctostaphylos uva-ursi	1	
Artemisia dracunculus	1	6.0
Artemisia absinthium	1	
Beta vulgaris	1	
Betula lenta	1	
Bixa orellana	1	
Brassica oleracea var. italica	1	
Brassica oleracea var. botrytis l.	1	
Calea zacatechichi	1	
Calendula officinalis	1	0.68
Camellia sinensis	2	
Cananga odorata	1	
Capsicum frutescens	1	35800.0
Capsicum annuum	1	8000.0
Centaurea cyanus	1	

Plants with Activity Synergy	Chemical Count	Total PPM
<i>Cimicifuga racemosa</i>	1	
<i>Cinnamomum aromaticum</i>	1	
<i>Colchicum autumnale</i>	1	
<i>Cucurbita pepo</i>	1	
<i>Dipteryx odorata</i>	1	
<i>Ephedra sinica</i>	2	
<i>Filipendula ulmaria</i>	1	
<i>Fragaria spp</i>	1	
<i>Gloriosa superba</i>	1	
<i>Glycine max</i>	1	
<i>Glycyrrhiza glabra</i>	1	1134.0
<i>Gossypium sp</i>	1	
<i>Hedeoma pulegioides</i>	1	
<i>Helianthemum glomeratum</i>	1	
<i>Hippomane mancinella</i>	1	400.0
<i>Hordeum vulgare</i>	1	
<i>Iris versicolor</i>	1	
<i>Jasminum officinale</i>	1	
<i>Matricaria recutita</i>	1	
<i>Medicago sativa</i>	1	
<i>Melilotus officinalis</i>	1	
<i>Menyanthes trifoliata</i>	1	
<i>Oenothera biennis</i>	1	
<i>Ononis spinosa</i>	1	
<i>Panax quinquefolius</i>	1	
<i>Panax ginseng</i>	1	
<i>Piper nigrum</i>	1	240000.0

Plants with Activity Synergy	Chemical Count	Total PPM
Piper cubeba	1	
Pisum sativum	1	
Plantago major	1	2.0
Polygonum aviculare	1	
Polypodium vulgare	1	
Punica granatum	1	
Ribes rubrum	1	
Rosa multiflora	1	
Rubus idaeus	1	
Salix alba	1	
Salvia officinalis	1	
Solidago gigantea	1	
Stachytarpheta cayennensis	1	
Taxus baccata	1	
Trifolium pratense	1	
Triticum aestivum	1	8.0
Ulmus rubra	1	
Vaccinium vitis-idaea	1	
Vaccinium myrtillus	1	
Vanilla planifolia	1	
Viburnum prunifolium	1	
Viola tricolor	1	
Viola odorata	1	
Vitis vinifera	1	
Xylopiya aethiopica	1	
Zingiber officinale	6	20508.0