

**Dr. Duke's Phytochemical and Ethnobotanical Databases**

**List of Plants for Antigout**

<b>Plants with Activity Synergy</b>	<b>Chemical Count</b>	<b>Total PPM</b>
Achillea millefolium	2	17.6
Actaea racemosa	1	
Agathosma betulina	1	140.0
Allium cepa	1	0.006
Allium sativum var. sativum	1	17.6
Aloe spp.	1	
Aloe vera	2	25.3
Althaea officinalis	1	36.3
Amorphophallus konjac	1	
Anacardium occidentale	1	0.4
Anethum graveolens	1	0.024
Angelica sinensis	2	3.9
Apium graveolens	1	
Arachis hypogaea	1	0.04
Arctium lappa	1	15.4
Arctostaphylos uva-ursi	1	17.6
Armoracia rusticana	1	
Asparagus officinalis	1	0.156
Astragalus membranaceus	2	
Avena sativa	2	14.3
Barosma betulina	1	
Berberis vulgaris	1	37.4
Bertholletia excelsa	1	994.0
Beta vulgaris	1	
Brassica napus var. napobrassica	1	0.096
Brassica oleracea var. botrytis l.	1	0.078
Brassica oleracea var. capitata l.	2	0.5

Plants with Activity Synergy	Chemical Count	Total PPM
Brassica oleracea var. gemmifera	1	0.072000000000000001
Brassica oleracea var. italica	1	
Brassica pekinensis	1	0.004
Brassica rapa	1	
Bupleurum chinense	1	
Capsicum annuum	1	0.004
Carica papaya	1	
Carthamus tinctorius	1	22.0
Carya illinoensis	1	0.04
Carya ovata	1	0.04
Caulophyllum thalictroides	1	38.5
Centella asiatica	1	13.2
Chamaemelum nobile	1	
Chondrus crispus	1	36.0
Chrysanthemum parthenium	1	
Cichorium endivia	1	0.048
Cimicifuga racemosa	1	35.2
Citrullus lanatus	1	
Citrus paradisi	1	0.054
Citrus reticulata	1	
Citrus sinensis	1	0.004
Cnicus benedictus	1	37.4
Cocos nucifera	1	0.04
Corylus avellana	1	0.16
Crataegus laevigata	1	22.0
Crataegus rhipidophylla	1	
Cucumis melo	1	0.008

Plants with Activity Synergy	Chemical Count	Total PPM
Cucumis sativus	1	5.6
Cucurbita pepo	1	32.4
Curcuma longa	1	
Cymbopogon citratus	1	124.0
Cypripedium pubescens	1	98.0
Daucus carota	2	0.04
Dioscorea sp.	1	
Dioscorea villosa	1	
Echinacea purpurea	1	
Echinacea spp	1	21.5
Eleutherococcus senticosus	1	
Elytrigia repens	1	204.0
Ephedra sinica	1	13.2
Equisetum arvense	1	14.3
Eriodictyon californicum	2	
Eucalyptus globulus	1	
Eupatorium perfoliatum	1	
Euphrasia officinalis	1	5.2
Fagopyrum esculentum	1	0.4
Foeniculum vulgare	1	
Fragaria spp	1	0.004
Frangula purshiana	1	12.1
Fucus vesiculosus	1	18.7
Gentiana lutea	1	19.8
Ginkgo biloba	1	
Glycine max	1	3.85
Glycyrrhiza glabra	1	1.1

Plants with Activity Synergy	Chemical Count	Total PPM
Gymnema sylvestre	1	
Harpagophytum procumbens	1	16.5
Hibiscus sabdariffa	1	157.3
Hordeum vulgare	2	48.0
Humulus lupulus	1	18.7
Hydrangea arborescens	1	17.6
Hydrastis canadensis	1	11.0
Inula helenium	1	
Juglans cinerea	1	0.2
Juglans nigra	1	0.04
Juglans regia	1	
Juniperus communis	1	2.6
Juniperus virginiana	1	0.08
Lactuca sativa	1	0.116
Larrea tridentata	1	20.9
Lens culinaris	1	
Liquidambar styraciflua	1	0.8
Lobelia inflata	1	5.5
Lycopersicon esculentum	1	0.068
Malus domestica	1	
Medicago sativa	2	0.08199999999999999
Mentha pulegium	1	50.0
Mentha x piperita	1	12.1
Menyanthes trifoliata	1	
Musa x paradisiaca	1	0.08
Myrica cerifera	1	37.4
Nepeta cataria	1	135.3

Plants with Activity Synergy	Chemical Count	Total PPM
Panax ginseng	2	27.5
Panax quinquefolius	1	
Parthenium integrifolium	1	
Passiflora incarnata	1	
Persea americana	1	
Petroselinum crispum	1	0.042
Phaseolus vulgaris	1	0.036000000000000004
Phyllanthus emblica	1	24.0
Pimenta dioica	1	0.08
Pinus echinata	1	0.4
Pinus strobus	1	
Pistacia vera	1	0.2
Pisum sativum	1	0.004
Plantago major	1	
Plantago psyllium	1	15.4
Polygonum multiflorum	1	148.0
Populus nigra	1	
Populus tacamahacca	1	
Prunus cerasus	1	
Prunus domestica	1	0.026
Prunus dulcis	2	6.06
Prunus persica	1	0.006
Pyrus communis	1	0.002
Quercus alba	1	16.58
Quercus phellos	1	0.6
Quercus rubra	1	0.04
Quercus stellata	1	0.08

Plants with Activity Synergy	Chemical Count	Total PPM
Raphanus sativus	1	
Rheum rhabarbarum	1	
Rhodymenia palmata	1	
Rhus glabra	1	0.5
Ribes nigrum	1	
Ribes rubrum	1	
Ribes uva-crispa	1	
Rosa canina	1	2.105
Rubus chamaemorus	1	
Rubus idaeus	1	27.5
Rumex crispus	1	27.5
Ruscus aculeatus	1	25.4
Salix alba	1	12.1
Salvia officinalis	1	
Schisandra chinensis	1	8.1
Scutellaria baicalensis	1	
Scutellaria galericulata	1	
Scutellaria lateriflora	1	9.100000000000001
Senna alexandrina	1	
Senna obtusifolia	1	
Serenoa repens	1	
Sesamum indicum	1	
Silybum marianum	1	178.1
Smilax officinalis	1	
Smilax spp	1	34.1
Solanum melongena	1	0.004
Solanum tuberosum	2	0.02

Plants with Activity Synergy	Chemical Count	Total PPM
Sorbus aucubaria	1	0.022
Spartium junceum	1	
Spinacia oleracea	2	0.114
Spirulina spp.	1	
Stachys officinalis	1	
Stellaria media	1	4.7
Stevia rebaudiana	1	50.0
Symphoricarpos orbiculatus	1	0.16
Symphytum officinale	1	11.4
Tabebuia heptaphylla	1	2.2
Tanacetum parthenium	1	
Taraxacum officinale	1	9.5
Thymus vulgaris	1	32.0
Trifolium pratense	1	8.584
Trigonella foenum-graecum	2	17.6
Turnera diffusa	1	7.4
Ulmus rubra	1	16.5
Urtica dioica	1	24.2
Vaccinium macrocarpon	1	
Vaccinium myrtillus	1	
Vaccinium vitis-idaea	1	0.026
Valeriana officinalis	1	48.4
Verbascum thapsus	1	5.5
Viburnum opulus	1	46.0
Vigna radiata	1	
Vigna unguiculata	2	0.28
Viscum album	1	

Plants with Activity Synergy	Chemical Count	Total PPM
Vitis vinifera	1	36.024
Yucca baccata	1	9.9
Zea mays	2	12.4
Zingiber officinale	1	