

A Decongestant

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Achillea millefolium</i> Milfoil; Yarrow	3	7300.0
<i>Acinos suaveolens</i>	1	
<i>Acinos alpinus</i> Te de Sierra Nevada	1	
<i>Aconitum napellus</i> Garden Monkshood; Queen's Fettle; Soldier's Cap; Turk's Cap; Bear's-Foot; Garden Wolfsbane; Monkshood; European Aconite; Aconite; Helmet Flower; Blue Rocket; Friar's Cap	1	
<i>Acorus calamus</i> Calamus; Myrtle Flag; Sweetroot; Sweet Calamus; Flagroot; Sweetflag	2	200.0
<i>Alliaria petiolata</i> Garlic Mustard	1	920.0
<i>Aloysia citrodora</i> Lemon Verbena	1	840.0
<i>Alpinia officinarum</i> Lesser Galangal; Chinese Ginger	2	
<i>Alpinia galanga</i> Languas; Greater Galangal; Siamese Ginger	2	
<i>Amomum compactum</i> Chester Cardamom; Java Cardamom; Siam Cardamom; Round Cardamom	2	
<i>Anethum graveolens</i> Dill; Garden Dill	1	
<i>Annona squamosa</i> Sugar-Apple; Sweetsop	1	
<i>Armoracia rusticana</i> Horseradish	1	5184.0
<i>Artemisia vulgaris</i> Mugwort	2	
<i>Artemisia salsoloides</i>	2	
<i>Artemisia herba-alba</i> Desert Wormwood	2	1546.0
<i>Artemisia dracunculus</i> Tarragon	2	1400.0
<i>Artemisia cina</i> Levant Wormseed	1	48000.0
<i>Artemisia annua</i> Annual Wormwood (GRIN); Sweet Wormwood (GRIN); Annual Mugwort (GRIN); Qinghao; Sweet Annie	2	28380.0
<i>Brassica oleracea</i> var. <i>italica</i> Winter Broccoli; Cape Broccoli; Calabrese; Broccoli; Purple Cauliflower; Sprouting Broccoli; Asparagus Broccoli; Heading Broccoli	1	
<i>Brassica oleracea</i> var. <i>gemmifera</i> Brussels-Sprouts; Brussel-Sprout	1	
<i>Brassica oleracea</i> var. <i>capitata</i> l. Cabbage; White Cabbage; Red Cabbage	1	40.0
<i>Brassica oleracea</i> var. <i>botrytis</i> l. Cauliflower	1	
<i>Brassica nigra</i> Black Mustard	1	23520.0
<i>Brassica juncea</i> Mustard Greens	1	
<i>Calamintha nepeta</i> Turkish Calamint	2	
<i>Callicarpa americana</i> American Beauty Berry; French Mulberry; Beauty Berry	1	
<i>Cannabis sativa</i> Indian Hemp; Marijuana; Marihuana; Hemp	1	
<i>Capsicum frutescens</i> Cayenne; Tabasco; Spur Pepper; Hot Pepper; Chili; Red Chili	2	
<i>Carum carvi</i> Caraway; Comino de prado (Sp.); Carum; Kummel (Ger.); Comino (Sp.)	1	
<i>Catha edulis</i> Khat	1	
<i>Chamaemelum nobile</i> Garden Camomile; Roman Camomile; Perennial Camomile	1	
<i>Chrysanthemum x morifolium</i> Mum; Florist's Chrysanthemum; Ju Hua (Pinyin); Chrysanthemum	2	
<i>Chrysanthemum parthenium</i> Feverfew	2	
<i>Chrysanthemum balsamita</i> Costmary; Balsamite	1	
<i>Cinnamomum verum</i> Cinnamon; Ceylon Cinnamon	2	1600.0
<i>Cinnamomum camphora</i> Camphor; Ho Leaf	2	446288.0

Plant	# Chemicals	Total PPM
<i>Cinnamomum aromaticum</i> Cannelier de Chine (Fr.); Cassia; Chinazimt (Ger.); Kashia-Keihi (Jap.); Canelero chino (Sp.); Cassia Bark; Chinese Cassia; Canelle de Cochinchine (Fr.); Chinesischer Zimtbaum (Ger.); China Junk Cassia; Zimtcassie (Ger.); Cassia Lignea; Canela de la China (Sp.); Saigon Cinnamon; Cannelier Casse (Fr.); Chinese Cinnamon	1	
<i>Citrus reticulata</i> Mandarin; Tangerine	1	152.0
<i>Citrus aurantiifolia</i> Lime	1	140.0
<i>Cleonia lusitanica</i> Spanish Heal-All	2	
<i>Coriandrum sativum</i> Cilantro; Coriander; Chinese Parsley	2	2600.0
<i>Crocus sativus</i> Saffron	2	
<i>Cuminum cyminum</i> Cumin	1	276.0
<i>Cunila origanoides</i> Frost Mint; Mountain Dittany; Maryland Dittany; Frost Flower; American Dittany; Dittany; Stone Mint	1	56.0
<i>Curcuma zedoaria</i> Shoti; Zedoary	1	3840.0
<i>Curcuma longa</i> Turmeric; Indian Saffron	2	10295.0
<i>Cymbopogon nardus</i> Ceylon Citronella; Citronella	1	120.0
<i>Cymbopogon citratus</i> West Indian Lemongrass; Lemongrass	1	
<i>Cyperus rotundus</i> Nutsedge	1	
<i>Daucus carota</i> Carrot	1	
<i>Dracocephalum thymiflora</i> Thyme-Flowered Moldavica	1	268.0
<i>Elettaria cardamomum</i> Cardamom	2	112040.0
<i>Elsholtzia polystachya</i> Bush Mint	1	
<i>Elsholtzia pilosa</i> Hairy Mint Shrub	1	
<i>Elsholtzia cristata</i> Furan Chemotype	2	
<i>Elsholtzia blanda</i> Bantaluki; Bantulsi	1	
<i>Ephedra</i> spp Ma-Huang	1	
<i>Ephedra sinica</i> Chinese Ephedra; Ma Huang	3	45000.0
<i>Ephedra nevadensis</i> Mormon Tea; Brigham Tea	1	
<i>Ephedra gerardiana</i> Pakistani Ephedra	1	14000.0
<i>Eruca sativa</i> Rucheta (Malta; KAB); Roqueta (Sp.; USN); Mandao (Afg.; DEP; KAB); Rajika (Sansk.; KAB); Ruca (Catalan; KAB); Tantubha (Sansk.; KAB); Garden Rocket (Eng.; USN); Sarishapa (Sansk.; KAB); Horf (Arab.; BOU); Senfrauke (Ger.; USN); Jamba (India); Sfed sarson (Hindi; MPI); Izgin (Turkey; EB54:155); Rawk (Arab.; BOU); Tantuka (Sansk.; KAB); Kadamba (Sansk.; KAB); Tuverika (Sansk.; KAB); Sahwan (Nwp.; KAB); Tira (Nwp.; DEP; KAB); Grahagna (Sansk.; KAB); Thorfel (Berber; BOU); Sidhaprayojana (Sansk.; KAB); Jambeho (Sind.; KAB); Lalu (Nwp.; KAB); Bimbata (Sansk.; KAB); Jambho (Sind.; DEP); Oruga comun (Sp.; USN); Kerkas (Arab.; BOU); Eruca (Malta; KAB); Kibana suzushiro (Jap.; TAN); Shiltam (Arab.; BOU); Gargir (Arab.; Hebrew; BOU); Roquette des jardins (Fr.;KAB); Shwetsursha (Bengal; SKJ); Gery (Arab.; BOU); Ruke (Ger.; USN); Rucola (It.; Malta; Sp.); Piao erh ts'ai (Chi.; TAN); Eihukan (Iran; NAD); Siddartha (Sansk.; DEP; SKJ); Ai'afein (Arab.; BOU); Tara (Nwp.; Punjab; KAB; SKJ); Rajakshavaka (Sansk.; KAB); Olrauke (Ger.; USN); Chara (Kumaon; DEP); Roquette vraie (Fr.; BOU); Taramira (India; Nwp.); Rouka (Arab.; BOU); Jamnia (Punjab; DEP); Ugragandha (Sansk.; KAB); Suffed shorshi (Bengal; DEP); Assu (Punjab; SKJ); Kadambaka (Sansk.; KAB); Roquette cultivee (Fr.; KAB); Dua (Kumaon; DEP); Sidharta (Sansk.; KAB); Rocket (Eng.; BOU); Euzomon (Greece; EB54:155); Jambeh (Iran; DEP; KAB); Rugula (Eng.; USN); Tanakfail (Berber; BOU); Ai'sha (Arab.; BOU); Arugula (Eng.; FAC; USN); Rocket Salad (Eng.; USN); Roquette (Eng.; Fr.; BOU); Daradharsha (Sansk.; KAB); Achnef (Berber; BOU); Baglet (Arab.; BOU); Rakshitaphala (Sansk.; KAB); Salad Rocket (Eng.; USN); Lamba (India; USN); Ackerrauke (Ger.; MAD); Mulai (Loralai; KAB); Oroth (Bible; EB52:394); Rabano silvestre (It.; Port.); Bhutaghna (Sansk.; SKJ); Sarshapa (Sansk.; KAB); Aruca (Malta; KAB); Djerdjir (Arab.; BOU); Duan (Nwp; KAB); Bou kahli (Arab.; BOU)	1	
<i>Eucalyptus viridis</i>	1	
<i>Eucalyptus tetraptera</i>	1	
<i>Eucalyptus tereticornis</i>	1	
<i>Eucalyptus stoatei</i>	1	
<i>Eucalyptus sparsa</i>	1	
<i>Eucalyptus</i> sp Gum	1	
<i>Eucalyptus sideroxylon</i>	1	
<i>Eucalyptus siderophloia</i>	1	

Plant	# Chemicals	Total PPM
<i>Eucalyptus saligna</i>	1	
<i>Eucalyptus punctata</i>	1	
<i>Eucalyptus porosa</i>	1	
<i>Eucalyptus populnea</i>	1	
<i>Eucalyptus polyanthemos</i>	1	
<i>Eucalyptus paniculata</i>	1	
<i>Eucalyptus oviformis</i>	1	
<i>Eucalyptus odorata</i>	1	
<i>Eucalyptus ochrophloia</i>	1	
<i>Eucalyptus occidentalis</i>	1	
<i>Eucalyptus nova-anglica</i> New England 'peppermint'	1	
<i>Eucalyptus moluccana</i>	1	
<i>Eucalyptus melliodora</i>	1	
<i>Eucalyptus melanophloia</i>	1	
<i>Eucalyptus maideni</i>	1	
<i>Eucalyptus maculata</i> Gum	1	
<i>Eucalyptus leucoxydon</i>	1	
<i>Eucalyptus largisparsa</i>	1	
<i>Eucalyptus lansdowneana</i>	1	
<i>Eucalyptus intertexta</i>	1	
<i>Eucalyptus incrassata</i>	1	
<i>Eucalyptus globulus</i> Blue Gum; Eucalypt; Tasmanian Bluegum	1	63000.0
<i>Eucalyptus forrestiana</i>	1	
<i>Eucalyptus fasciculosa</i>	1	
<i>Eucalyptus erythrandra</i>	1	
<i>Eucalyptus dolichorhyncha</i>	1	
<i>Eucalyptus diversicolor</i>	1	
<i>Eucalyptus desquamata</i>	1	
<i>Eucalyptus dealbata</i>	1	
<i>Eucalyptus cuprea</i>	1	
<i>Eucalyptus cladocalyx</i>	1	
<i>Eucalyptus citriodora</i> Lemon-Scented Gum; Citron-Scented Gum; Lemon Eucalyptus; Spotted Gum	1	7160.0
<i>Eucalyptus ceratocorys</i>	1	
<i>Eucalyptus camaldulensis</i>	1	
<i>Eucalyptus bridgesiana</i> Bridges' Eucalyptus	1	
<i>Eucalyptus brassiana</i> Brasses' Eucalyptus	1	
<i>Eucalyptus botryoides</i>	1	
<i>Eucalyptus bosistoana</i>	1	
<i>Eucalyptus blakelyi</i>	1	
<i>Eucalyptus behriana</i>	1	
<i>Eucalyptus astringens</i>	1	
<i>Eucalyptus angulosa</i>	1	

Plant	# Chemicals	Total PPM
<i>Eucalyptus albens</i>	1	
<i>Euodia rutaecarpa</i> Wou Chou Yu	1	
<i>Foeniculum vulgare</i> Fennel	2	960.0
<i>Glechoma hederacea</i> Alehoof	1	74.0
<i>Glycyrrhiza glabra</i> Commom Licorice; Licorice-Root; Licorice; Smooth Licorice	1	
<i>Hedeoma reverchonii</i> Reverchon's Pennyroyal	2	956.0
<i>Hedeoma pulegioides</i> American Pennyroyal	1	60.0
<i>Hedeoma drummondii</i> Drummond's Pennyroyal	2	6256.0
<i>Helianthus annuus</i> Girasol; Sunflower	2	
<i>Hibiscus sabdariffa</i> Red Sorrel; Malventee (Ger.); Sorrel; Indian Sorrel; Jamaica Sorrel; Rosella (Ger.); Sereni (Sp.); Kharkadi; <i>Acedera de Guinea</i> (Sp.); Roselle; Rosa de Jamaica (Sp.)	1	
<i>Houttuynia cordata</i> Dokudami; Yu Xing Cao; Fishwort	1	
<i>Hyptis suaveolens</i> Wild Hops	2	9110.0
<i>Hyssopus officinalis</i> Hyssop	2	10260.0
<i>Illicium verum</i> Star Anise; Chinesischer Sternanis (Ger.); Sternanis (Ger.); anis de China (Sp.); anis estrellado (Sp.); Chinese Star Anise	1	7000.0
<i>Isanthus brachiatus</i> False Pennyroyal	1	
<i>Juniperus sabina</i> Sabine	1	
<i>Juniperus communis</i> Common Juniper; Juniper	1	14.0
<i>Lantana camara</i> Wild Sage; Lantana	2	
<i>Larrea tridentata</i> Creosote Bush; Chaparral	1	
<i>Laurus nobilis</i> Grecian Laurel; Bay; Laurel; Bayleaf; Sweet Bay; Bay Laurel	2	39800.0
<i>Lavandula x intermedia</i> Dutch Lavender; Lavandin	2	5460.0
<i>Lavandula x hybrida</i> Hybrid Lavender	2	
<i>Lavandula sp</i> Lavender	1	
<i>Lavandula latifolia</i> Spike Lavender; Broad-Leaved Lavender; Aspic	2	13468.0
<i>Lavandula angustifolia</i> English Lavender	2	
<i>Lepechinia calycina</i> Epling's Lepechinia	2	3720.0
<i>Levisticum officinale</i> Lovage	2	20.0
<i>Lindera benzoin</i> Wild Allspice; Benjamin Bush; Spicebush; Fieberstrauch (Ger.)	1	
<i>Lippia dulcis</i> Sweet Herb	1	
<i>Lippia alba</i> White Lippia	2	
<i>Litsea glaucescens</i> Mexican bay	1	
<i>Lycopus virginicus</i> Bugle	1	36.0
<i>Magnolia kobus</i> Hsin-I; Xin-Yi	1	
<i>Magnolia fargesii</i> Xin-Yi; Hsin-I	1	
<i>Magnolia denudata</i> Xin-Yi; Hsin-I	1	
<i>Melaleuca sp</i> Tea-Tree	1	
<i>Melaleuca cajuputi</i> Vietnamese Cajuput Oil	1	
<i>Melaleuca alternifolia</i> Teatree	2	
<i>Mentha x piperita</i> Peppermint	1	4390.0
<i>Mentha spicata</i> Spearmint; Hortela da Folha Miuda	1	18750.0
<i>Mentha pulegium</i> European Pennyroyal	1	40.0

Plant	# Chemicals	Total PPM
<i>Mentha longifolia</i> Biblical Mint	1	21860.0
<i>Mentha arvensis</i> var. <i>piperascens</i> Cornmint; Japanese Mint; Field Mint	1	
<i>Mentha aquatica</i> Water Mint	1	
<i>Micromeria thymifolia</i>	2	
<i>Micromeria teneriffae</i>	1	
<i>Micromeria myrtifolia</i> Dagcayi; Topukcayi; Haydarotu	2	
<i>Micromeria juliana</i>	1	
<i>Micromeria fruticosa</i> Zopha; Zuta; Tea Hyssop	1	
<i>Micromeria croatica</i>	1	
<i>Micromeria congesta</i> Kaya Yarpuzu	1	
<i>Moldavica thymiflora</i> Thyme-Flowered Moldavica	1	
<i>Monarda russeliana</i> Russel's Monarda	1	650.0
<i>Monarda punctata</i> Horsemint	1	13728.0
<i>Monarda media</i> Mean Monarda	1	2702.0
<i>Monarda lindheimeri</i> Lindheimer's Monarda	1	956.0
<i>Monarda fistulosa</i> Wild Bergamot	1	10012.0
<i>Monarda didyma</i> Beebalm; Oswego Tea	1	5614.0
<i>Monarda clinopodia</i> Clinopod Bergamot	1	2766.0
<i>Monarda citriodora</i> Lemon Mint	1	1228.0
<i>Myrciaria dubia</i> Araza de Agua (Sp.); Camu-camu Negro (Peru); Guapuro Blanco (Bol.); Camu-camu (Eng.,Peru,Scn.,Sp.); Camo Camo (Peru); Rumberry (Eng.)	1	
<i>Myristica fragrans</i> Muskatnussbaum (Ger.); Nutmeg; Mace; nogal moscado (Sp.); nuez moscada (Sp.)	1	9120.0
<i>Myrtus communis</i> Mirto (Sp.); Arrayan (Sp.); Myrtle; Myrte (Ger.)	2	4166.0
<i>Nepeta racemosa</i> Catmint	2	
<i>Nepeta cataria</i> Catnip	1	160.0
<i>Nicotiana tabacum</i> Tobacco	1	
<i>Ocimum tenuiflorum</i> Anise-Scented Basil	3	
<i>Ocimum kilimandscharicum</i> Kenyan Perennial Basil; African Blue Basil	2	
<i>Ocimum gratissimum</i> Shrubby Basil; Agbo	2	
<i>Ocimum canum</i> Hoary Basil	2	
<i>Ocimum basilicum</i> Sweet Basil; Cuban Basil; Basil	2	973.0
<i>Origanum vulgare</i> Oregano; Pot Marjoram; Wild Oregano; Wild Marjoram; Common Turkish Oregano; European Oregano	2	272.0
<i>Origanum syriacum</i> Za'Atar	1	
<i>Origanum sipyleum</i> Bayircayi; Guveyoto	2	
<i>Origanum onites</i> Pot Marjoram; Oregano	2	46.0
<i>Origanum minutiflorum</i> Small-Flowered Oregano	1	
<i>Origanum creticum</i> Dittany Of Crete	1	
<i>Panax ginseng</i> Ginseng; Korean Ginseng; Chinese Ginseng; Oriental Ginseng	1	
<i>Peumus boldus</i> Boldo	2	80300.0
<i>Pimenta racemosa</i> West Indian Bay; Bayrum Tree	2	1360.0
<i>Pimenta dioica</i> Pimenta; Jamaica-Pepper; Pimento; Clover-Pepper; Allspice	1	102.0
<i>Pinellia ternata</i> Pan-Hsia; Ban-Xia	1	
<i>Pinus sylvestris</i> Scotch Pine	1	

Plant	# Chemicals	Total PPM
<i>Piper nigrum</i> Pepper; Black Pepper; White Pepper	2	
<i>Piper cubeba</i> Cubeb; Cubeb Pepper	1	2800.0
<i>Piper auritum</i> Hoja Santa; Cordoncillo; Hierba Santa	2	
<i>Prunella vulgaris</i> Heal-All; Self-Heal	1	
<i>Pycnanthemum virginianum</i> Virginia Mountain Mint	1	116.0
<i>Pycnanthemum verticillatum</i> Whorled Mountain Mint	1	84.0
<i>Pycnanthemum torreyi</i> Torrey's Mountain Mint	1	20.0
<i>Pycnanthemum tenuifolium</i> Slenderleaf Mountain Mint	2	2280.0
<i>Pycnanthemum setosum</i> Setose Mountain Mint	1	14198.0
<i>Pycnanthemum pycnanthemoides</i> Typical Mountain Mint	2	464.0
<i>Pycnanthemum pilosum</i> Pilose Mountain Mint	1	140.0
<i>Pycnanthemum muticum</i> Muticous Mountain Mint	1	100.0
<i>Pycnanthemum montanum</i> Montane Mountain Mint	2	9200.0
<i>Pycnanthemum loomisii</i> Loomis' Mountain Mint	1	52080.0
<i>Pycnanthemum incanum</i> Hoary Mountain Mint	1	152.0
<i>Pycnanthemum clinopodioides</i> Clinopod Mountain Mint	2	264.0
<i>Pycnanthemum californicum</i> California Mountain Mint	1	1152.0
<i>Pycnanthemum beadleii</i> Beadle's Mountain Mint	1	56.0
<i>Pycnanthemum albescens</i> White Mountain Mint	1	540.0
<i>Ravensara aromatica</i> Ravensara	1	
<i>Rhododendron dauricum</i> Chinese Alpenrose	1	
<i>Ribes nigrum</i> Black Currant	1	
<i>Rosmarinus x mendizabali</i> Mendizabali's Rosemary	2	
<i>Rosmarinus x lavandulaceus</i> Lavender Rosemary	2	
<i>Rosmarinus tomentosus</i> Hairy Rosemary	2	
<i>Rosmarinus officinalis</i> Rosemary	2	27850.0
<i>Rosmarinus eriocalyx</i> Rosemary	2	
<i>Salvia triloba</i> Greek Sage	2	47280.0
<i>Salvia sclarea</i> Clary Sage	2	
<i>Salvia officinalis</i> Sage	2	31224.0
<i>Salvia gilliesii</i> 'Cordoba' Sage	1	
<i>Salvia dorisiana</i> 'Honduran' Sage	1	
<i>Salvia canariensis</i> Canary Island Sage	1	
<i>Sassafras albidum</i> Sassafras	2	
<i>Satureja subspicata</i> Yugoslav Savory	1	
<i>Satureja parvifolia</i> Small-Leaf Pampa Savory	1	
<i>Satureja odora</i> Scented Pampa Savory	1	
<i>Satureja obovata</i> Iberian Savory; Savory	1	
<i>Satureja montana</i> Winter Savory; Savory	2	
<i>Satureja hortensis</i> Summer Savory	2	
<i>Satureja douglasii</i> Douglas' Savory	2	12272.0
<i>Satureja cuneifolia</i> Cuneate Turkish Savory	1	

Plant	# Chemicals	Total PPM
<i>Satureja cilicica</i> Turkish Savory	1	
<i>Sida rhombifolia</i> Broomweed; Teaplant	1	
<i>Sideritis scardica</i> Balkan Sideritis	1	
<i>Sideritis pauli</i> El Molinillo Sideritis	2	
<i>Sideritis mugronensis</i>	1	
<i>Sideritis germanicolpitana</i>	1	
<i>Sideritis athoa</i> Kedi Kuyruğu Cayı	2	
<i>Stachys germanica</i> Downy Woundwort	1	96.0
<i>Stevia rebaudiana</i> Sweet Leaf of Paraguay; Stevia; Ca-A-E	2	
<i>Tagetes minuta</i> Aztec Marigold; Mexican Marigold; Dwarf Marigold; Stinking-Roger; Wild Marigold; Muster John Henry	1	250.0
<i>Tagetes lucida</i> Anise Marigold; Sweet-Scent Mexican Marigold; Sweet-Mace; Sweet-Scent Marigold	1	
<i>Tagetes erecta</i> Aztec Marigold; Marigold	1	86.0
<i>Tanacetum vulgare</i> Tansy	2	6200.0
<i>Tanacetum parthenium</i> Feverfew	2	
<i>Taxus baccata</i> Common Yew	1	
<i>Telosma cordata</i> Merrill flowers	1	
<i>Teucrium scorodonia</i> Germander; Wood Germander	2	
<i>Teucrium salviastrum</i>	2	
<i>Teucrium pseudoscorodonia</i>	2	
<i>Teucrium polium</i> Iberian Golden Germander; Golden Germander	2	
<i>Teucrium oxylepis</i>	2	
<i>Teucrium micropodioides</i> Small 'Cyprus' Germander	1	
<i>Teucrium kotschyianum</i> Stavros Kotschy's Germander	1	
<i>Teucrium gnaphalodes</i> Iberian Germander	2	
<i>Teucrium divaricatum</i> Hoary Divaricate Germander	1	
<i>Teucrium cyprium</i> 'Cyprus' Germander	1	
<i>Teucrium asiaticum</i>	2	
<i>Teucrium arduini</i> 'Croatian Alpine' Germander	1	
<i>Thuja occidentalis</i> Arbor-Vitae; Northern White-Cedar	1	
<i>Thymus zygis</i> Spanish Thyme	2	
<i>Thymus x citriodorus</i> Lemon Thyme; Funk's thyme	2	
<i>Thymus vulgaris</i> Garden Thyme; Common Thyme; Thyme	1	
<i>Thymus serpyllum</i> Creeping Thyme	1	76.0
<i>Thymus saturejoides</i> Moroccan Savory Thyme	1	
<i>Thymus riatarum</i> 'Moroccan' Thyme	1	
<i>Thymus orospedanus</i> Orosped Thyme	1	1436.0
<i>Thymus mastichina</i> Spanish Marjoram	2	15900.0
<i>Thymus longicaulis</i> Kekik; Tas Kekik	2	
<i>Thymus funkii</i> Funk's Thyme	2	
<i>Thymus cilicicus</i> 'Anatolian' Thyme	2	
<i>Thymus capitatus</i> 'Sicilian' Thyme; Spanish Thyme; Spanish Origanum	2	60.0
<i>Thymus broussonettii</i> Moroccan Thyme	1	

Plant	# Chemicals	Total PPM
<i>Turnera diffusa</i> Damiana	1	2200.0
<i>Umbellularia californica</i> California Bay	1	18720.0
<i>Vaccinium corymbosum</i> Blueberry	1	
<i>Valeriana officinalis</i> Common Valerian; Garden-Heliotrope; Valerian	1	
<i>Vetiveria zizanioides</i> Cuscus Grass; Vetiver; Cus-Cus	1	
<i>Vitex agnus-castus</i> Chaste-Tree	2	
<i>Wasabia japonica</i> Wasabi; Japanese Horseradish	1	
<i>Zea mays</i> Corn	1	
<i>Zingiber officinale</i> Ginger	2	5610.0