

A Corticosterogenic

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	# Chemicals	Total PPM
<i>Aesculus hippocastanum</i> Horse Chestnut	2	255300.0
<i>Centaurium erythraea</i> Centaury	1	
<i>Gentiana scabra</i> Japanese Gentian	1	1000.0
<i>Gentiana lutea</i> Yellow Gentian; Gentian	1	16000.0
<i>Menyanthes trifoliata</i> Marsh Clover; Marsh Trefoil; Bogbean; Water Trefoil; Buckbean; Bog Myrtle	1	
<i>Panax quinquefolius</i> Ginseng; American Ginseng	2	
<i>Panax notoginseng</i> Sanchi Ginseng	1	174000.0
<i>Panax ginseng</i> Oriental Ginseng; Chinese Ginseng; Ginseng; Korean Ginseng	1	
<i>Swertia chirata</i> Chirata; Chiretta	1	
<i>Trigonella foenum-graecum</i> Fenugreek; Bockshornklee (Ger.); Greek Clover; Alholva (Sp.); Greek Hay	1	